

Investigating key biological parameters of Nile tilapia (*Oreochromis niloticus* L.) in a large Asian reservoir to better develop sustainable fisheries

*Étude des principaux traits biologiques du Tilapia du Nil (*Oreochromis niloticus* L.) d'un grand réservoir asiatique dans la perspective d'améliorer le développement de la pêche durable*

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Abstract – The Nile tilapia (*Oreochromis niloticus*) was introduced in Southeast Asia, such as in Thailand, in the mid-1960s for aquaculture purposes (Pullin *et al.*, 1997; De Silva *et al.*, 2004). The species was later promoted for aquaculture development in the early 1990s in Lao PDR (Garaway *et al.*, 2000). In Lao People's Democratic Republic (PDR), like in other countries, this exotic species is well established due to its self-reproduction (De Silva *et al.*, 2004; CABI, 2018) facilitated by its particular life history traits and plasticity (Ishikawa *et al.*, 2013). The species was then suspected to be introduced in the seventies in Laos and subsequently in the Nam Theun watershed where the NT2 Reservoir was impounded in 2008. Population parameters of this alien fish were investigated using the FISAT II software with the most popular methods of bioparameters assessment to check their interchangeability within a same stock and the same year 2016. The length-at-age data analysis (using otoliths analysis, N = 258) gave slightly different results with the length frequency distribution analysis of fish landings (11 820 individuals). Furthermore, experimental fishing data provided irrelevant parameters due to insufficient representativeness of the sample size. The growth parameter K was estimated to be 0.23 year^{-1} , with asymptotic length

$L_{\infty} = 52.5$ cm based on the length frequency distribution analysis with the fish landing data. According to these landing data, the total, natural and fishing mortality were $Z = 1.41 \text{ year}^{-1}$, $M = 0.30 \text{ year}^{-1}$ and $F = 1.11 \text{ year}^{-1}$. The exploitation rate $E = 0.79$ is over the $E_{\text{max}} = 0.594$ obtained by relative yield and biomass per recruit. This estimated stock of 165 tons (more than 700 000 tilapias) was characterized by high mortality (no population growth). These results showed that the population is overfished with too many juveniles caught ($L_{50} = 210.4$ mm; 50% mature stages at 295 mm). To maximize the yield per recruit, increase the biomass and sustain this fishery, enlarging the gillnet mesh size of the gill-net is recommended. This example highlights the variability of the parameters calculated from different methods and thus weaken worldwide and even inter-site comparisons. Despite this issue, the Growth Performances Indices (ϕ') gathered into the literature can serve as baseline and confirmed the wide phenotypic plasticity of the species due to environmental factors. Analyses revealed difference between fast growing domesticated fish rose for aquaculture with ϕ' higher to the tilapia growing in natural and challenging environments.

Key words – cichlidae, FiSAT, fishing management, growth rate, otolith, reservoir

Résumé – Le Tilapia du Nil (*Oreochromis niloticus*) a été introduit en Asie du sud-ouest, notamment en Thaïlande, dans le milieu des années 1960, à des fins d'aquaculture. Ce n'est que dans les années 1990 que cette espèce a été introduite au Laos pour ce même objectif. Cette espèce exotique, de par sa capacité de reproduction naturelle induite par ses traits d'histoire de vie et sa plasticité phénotypique, est bien établie au Laos, ainsi que dans d'autres pays asiatiques. Cette espèce présente dans le bassin versant de Nam Theun aurait ainsi colonisé le réservoir de Nam Theun 2 (NT2) lors de sa mise en eau en 2008, avec également des actions sporadiques d'empoisonnements. Les paramètres de la population du réservoir de NT2 ont été étudiés en recourant à FiSAT II avec les méthodes d'évaluation des bio-paramètres les plus populaires pour vérifier leur interchangeabilité dans un même stock et pour une même année (2016). L'analyse de la relation taille-âge, via l'analyse de 258 otolithes, a donné des résultats légèrement différents de l'analyse des fréquences de tailles issues des débarquements réalisées sur 11 820 individus. Les données issues des pêches expérimentales ont quant-à-elles fournis des résultats non pertinents de par le faible effectif des échantillons. La croissance (k) a été estimée à $0,23 \text{ cm an}^{-1}$ avec une longueur asymptotique (L_{∞}) de 52,5 cm. Selon les données de débarquements la mortalité totale, naturelle et par pêche étaient respectivement de 1,41, 0,30 et $1,11 \text{ an}^{-1}$. Le taux d'exploitation (0,79) était supérieur au taux d'exploitation maximal (0,594) obtenu par le rendement relatif et la biomasse par recrue. Le stock estimé de 165 tonnes (plus de 700 000 individus) était caractérisé par une mortalité élevée. Ces résultats ont montré que la population était surexploitée et que de nombreux juvéniles étaient capturés ($L_{50} = 210,4$ mm; 50% mature à 295 mm). Pour maximiser le rendement par recrue, augmenter la biomasse, et soutenir la pêche, il est recommandé d'augmenter la taille des mailles des filets de pêche. Cet exemple met en évidence la variabilité des paramètres calculés à partir de différentes méthodes ce qui sous-entend que les comparaisons avec les autres populations dans le monde, mais également inter-sites sont difficiles. Toutefois les indices de performance de croissance (ϕ') relevés dans la littérature peuvent servir de référentiel et confirmer la

grande plasticité phénotypique de cette espèce selon les facteurs environnementaux. Les analyses ont révélé que les populations aquacoles présentaient une croissance plus rapide que celle des populations vivant dans les environnements naturels contraignants.

Mots-clés – cichlidae, FiSAT, gestion des pêcheries, taux de croissance, otolithe, réservoir

1 Introduction

Tilapia (including all species) is the second most important group of farmed fish after carps, and the most widely grown of any farmed fish in the world (FAO, 2009). The most desirable Nile tilapia (*Oreochromis niloticus* (Linnaeus, 1758); [Perciformes: Cichlidae]), because of its advantageous biological traits (feeding habits and fast growth) was deliberately introduced in tropical countries during the 1960s up to the 1980s, promoted by international aid and development agencies (FAO, 2009). Consequently this alien fish originating from East Africa, colonized natural freshwater systems and is currently well established in 75 countries (Africa: 16, Asia: 25, Europe: 6, North America: 18, Oceania: 3, South America: 7; (FishBase, 2018).

This species is invasive, and became the dominant species in terms of density and biomass in various tropical colonized areas (Zambrano *et al.*, 2006; Weyl, 2008; Zengeya *et al.*, 2013). In an ecosystem, Nile tilapia population can affect the nutrient cycling (e.g. indirectly contribute to the occurrence of cyanobacteria blooms and water eutrophication (Figueredo and Giani, 2005), trigger the extinction of native and endemic species (Canonico

et al., 2005; Casal, 2006) and probably affect other ecological processes (Canonico *et al.*, 2005; Cucherousset and Olden, 2011). So in freshwater tropical colonized areas, the Nile tilapia is now the main fishing resource of protein for human population, and eventually provides food security (FAO, 2009). An adequate fishing management is then required to avoid overexploitation and preserve sustainable fisheries. In this context, knowledge on the key biological parameters (growth, length, mortality) has to be investigated to better understand the local population biology and then to better develop sustainable fisheries.

One of the most popular methods for estimating biological parameters is to use length frequency data that are fast and cheap to gather (Sparre, 1998) or the length-at-age analysis based on scales, opercular bones or otoliths age readings. Both analyses can be performed with the FAO-ICLARM (Fish Center) Stock Assessment Tool (FiSAT II) which is broadly used for tropical fish stock assessment (> 1700 citations) and contains both routines for the analyses (Gayaniilo *et al.*, 2005). In this paper the widely used 'length frequency distribution analysis' was compared to the parameters obtained with 'analysis of length-at-age' from fish aged with otoliths using FiSAT II. These

Table 1. Biological parameters from three methods (2 LFA and 1 otoliths) of the stock *O. niloticus* stock using FiSAT II. The parameters are: predicted asymptotic length (L_{∞} , Standard (SL) and Total Length (TL)), growth coefficient K , growth performance index φ' , and hypothetical length at which age is zero t_0 , the exploitation rate E , total coefficient of mortality Z , natural mortality M , and fishing mortality F . ID=insufficient data.

Tableau 1. Paramètres biologiques pour trois méthode (2 LFA et 1 otolithe) du stock d'*O. niloticus* via FiSAT II. Les paramètres sont: longueur asymptotique prédite (L_{∞} , standard (SL) et longueur totale (TL)), coefficient de croissance K , indice de performance de croissance φ' et longueur hypothétique pour laquelle l'âge est égal à zéro t_0 , le taux d'exploitation E , coefficient total de mortalité Z , mortalité naturelle M et mortalité par pêche F . ID = données insuffisantes.

Methods	SL $_{\infty}$ (cm)	TL $_{\infty}$ (cm)	K (year $^{-1}$)	(φ')	t_0 (years)	E	Z/M/F (year $^{-1}$)
Analysis of Length-at-age data (all fish) (N = 258, incl. 58 not sexed)	45.47	55.61	0.14	2.636	-0.28		
Analysis of Length-at-age data (σ Males) (93)	43.81	53.58	0.14	2.604	-0.47		
Analysis of Length-at-age data (ρ Females) (107)	31.75	38.83	0.23	2.540	-1.17		
Length Frequency Distribution Analysis from fish landings (11 820)	52.5	64.21	0.23	2.977		0.79	1.41/0.30/1.11
Length Frequency Distribution Analysis from experimental fishing (95)	24.1	29.47	0.14	2.085		ID	ID

three methods are the most common in the abundant *O. niloticus* literature (see ref. of [Tab. 1](#)).

The study case population is from Lao People's Democratic Republic, in the second-largest reservoir in the country, the Nam Theun 2 (NT2). This reservoir was impounded in April 2008 and after a classical trophic upsurge, the system seems to have reached ecological stabilization in 2011 ([Cottet *et al.*, 2016](#)). The Nile tilapia represents the major part of the catch by the local fishery and is of significant economic importance (52% of relative biomass contribution of total catch, ([Cottet and Visser, 2017](#)). Biological parameters of this fish species constitute essential data to assess population dynamic and the exploitation level for fisheries management. This is especially needed in

this oligotrophic reservoir with relatively low fish density and where the fishing activity settled from less than ten years.

Objectives of this study are to provide: (1) First analyses of detailed data on a tilapia population in Lao PDR; (2) comparison of popular bio parameter assessment methods in a context of improving fisheries management and furthermore; (3) comparison of other world tilapia population data.

2 Materials and methods

2.1 Study site

The Nam Theun 2 (NT2) hydropower reservoir is located in the center of Lao PDR (Khammouane Province) on two sub catchments of the Mekong River ([Descloux *et al.*, 2016](#)). The reservoir

impoundment started in April 2008 and commercial operation began in April 2010. The reservoir has a total volume of 3.9 billion m³, covering an area of 489 km² at full supply level and 86 km² at the (theoretical) minimum operating level. The project design led to divert the waters from the Nam Theun watershed to the XeBangfai watershed (Descloux *et al.*, 2016). A total of 33 fish species belonging to 10 families were identified in the reservoir (between 2008 and 2013) (Cottet *et al.*, 2016). Cyprinidae dominated fish populations with a total of 24 species. A total number of 2182 households living was estimated in 16 hamlets along the reservoir in 2014; 85% of them are active in fishing activities with a fluctuating average of [2.5–8 kg Household⁻¹ day⁻¹] (Cottet and Visser, 2017).

2.2 Fish sampling

Data were collected with two sampling methods: fish landing and scientific experimental fishing.

Each of the three villages of Done, Nongbouakam and Nakai Tai (stars of the Fig. 1), was sampled for five consecutive days per month between January to December 2016. Each day, the first ten fishermen reaching the landing site were individually interviewed about their fishing gears (type, mesh size, number of hooks, etc.) and their catches regarding *O. niloticus* were all recorded. For each fisherman, when the number of individuals was higher than 30, only 30 individuals were randomly selected to be further measured and weighted. A total of 11 820 individuals were recorded for

the year, representing about 48% of the yield (mixed techniques used from 246 different fishers, including gillnets with mesh size ranging between 10 and 200 mm, hook lines and set lines).

Second data set was obtained from scientific experimental fishing at five stations (Fig. 1). A total of 95 fish were caught from these experimental monthly gillnet surveys in 2016 (gillnets: 25 × 2 m; mesh size: 10, 15, 20, 25, 30, 35, 40, 50, 60 and 70 mm) representing 24 nights of sampling effort. The gillnet mesh sizes were selected to capture a wide range of fish.

2.3 Ethical statement

The experimental fishing were performed by the NamTheun2 Power Company who has the national authorization for fish population monitoring and research in rivers and reservoir by the Lao Government namely the Ministry of Agriculture and Forestry representative on Province level and the Nakai Natural Protected area (namely the Watershed Management Protection Secretariat). This authorization includes the traditional fishing method with gillnets used in this study. This authorization started in 2008 to allow fish population monitoring in the dam area and as an obligation of monitoring between the company and the Government of Laos in the Concession Agreement—Environment and Biodiversity Obligation. The sampling did not catch endangered or protected fish species, the targeted species are exploited species and the experimental fishing followed established guidelines for treatment of animals in research.

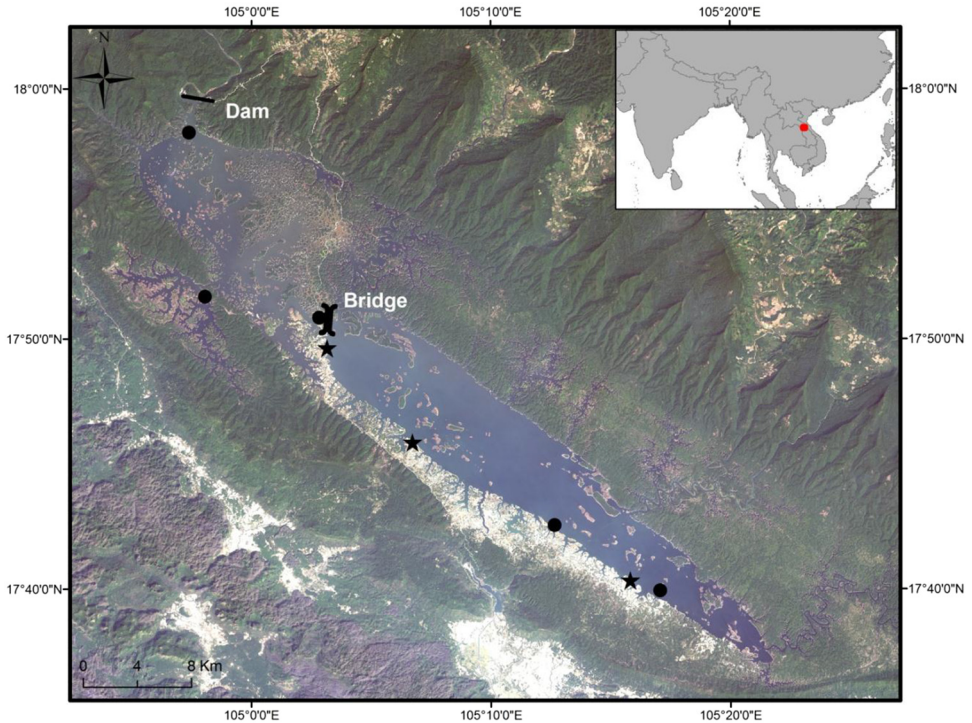


Fig. 1. Map of the Nam Theun 2 Reservoir in Lao PDR at its higher level and localization of sampling site by experimental gillnet fishing (black dots) and the three sampled villages by fish landings (black stars).

Fig. 1. Carte du réservoir de Nam Theun 2 au Laos à son niveau maximal de remplissage et localisation des sites d'échantillonnage par pêche expérimentale (point noir) et des villages échantillonnés par le suivi des débarquements (étoile noire).

2.4 Biological parameters

For both sampling methods, the standard length ($SL \pm 1$ mm) and sex of each individual were recorded. Lengths were assigned to a class size of 10 mm.

For the analysis of length-at-age, 258 Nile tilapia individuals were randomly selected from the fish landing in 2016, and from experimental fishing. Age was determined for each individual by counting annuli on the otoliths after validation of only one annulus formation per year (Tessier *et al.*, 2017).

For the length frequency distribution analysis, data were first obtained from fish landing.

This analysis was performed with the Electronic Length Frequency Analysis (ELEFAN I) package incorporated in FiSAT II (Sparre, 1998; Gayanilo *et al.*, 2005). ELEFAN is a very popular method frequently used in length frequency analysis of fish. It is a non-parametric, *ad hoc* method, and not dependent on cohort distributions directly. Lengths of each cohort are fixed such as in the von Bertalanffy growth model (1) which makes a strong

assumption about growth, with the formula containing the asymptotic length (L_∞) or the length the species can reach, the length (L) at age class time t , the instantaneous growth coefficient K and t_0 the point at which the von Bertalanffy curve intersects the x -axis:

$$Lt = L_\infty \left(1 - \exp^{-K(t-t_0)} \right). \quad (1)$$

The growth performance index (φ'), also found as Φ' or ϕ' in literature, is quantified using (Pauly and Munro, 1984) formula (2):

$$\varphi' = \log_{10}K + 2\log_{10}L_\infty, \quad (2)$$

with L_∞ expressed in Total Length (TL) here, as required in FiSAT II routine for comparability. Total mortality coefficient (Z) is estimated from fish landings and experimental fishing using the length-converted catch curve method (Pauly, 1983) from the pooled length frequency data for the study period (the curve = Z). The natural mortality coefficient (M) is estimated following Pauly's empirical formula (Pauly, 1980) (3):

$$\ln(M) = -0.0152 - 0.279\ln(L_\infty) + 0.6543\ln(K) + 0.463\ln(T^\circ\text{C}), \quad (3)$$

linking natural mortality with the von Bertalanffy parameters (K and L_∞) and the mean annual temperature ($T^\circ\text{C}$) of the surface water in which the fish live (in this case) temperatures of the surface water were recorded for several stations every month by the Environment and Social Division, Environment Department of the Nam Theun 2 Power Company Limited which is the manager of the

reservoir. The average surface temperature for 2016 was 26.5°C . Fishing mortality (F) was computed from the relationship $F = Z - M$, while the exploitation rate (E) was calculated from (4):

$$E = \frac{F}{Z} = \frac{F}{(F + M)}. \quad (4)$$

The recruitment model with pulse was obtained by projecting the length frequency data back on the time axis using the growth parameters determined above. The normal distribution of the recruitment model was determined by NORMSEP (Gayanilo *et al.*, 2005).

2.5 Virtual population analysis, fish stock and fishing management

The probabilities of capture are inferred from the length-converted catch curves, by backward extrapolation of the catch curve and comparison of the numbers actually caught with those that "ought" to have been caught (Sparre, 1998; Gayanilo *et al.*, 2005). The standard length for which 25, 50 and 75% of the fish are caught (L_{25} , L_{50} , L_{75}) were estimated with running averages technique (Pauly, 1983) with FiSAT II. A virtual population analysis (VPA) estimated the tilapia stock (biomass, population size (N)) at the NT2 Reservoir from fish landing data and parameters determined above. For the biomass estimation, the standard length-weight relationship for these Tilapia was calculated with (5):

$$\log_{10}W = \log_{10}a + b\log_{10}L, \quad (5)$$

where $b = [3.23323-3.27171]$ and $a = [0.01699-0.01897]$ (IC_{95}), $N = 653$ fish from 6 to 410 mm; length-weight relationship $R^2 = 0.9943$; (unpub. species results, method based on (Tessier *et al.*, 2017)).

Based on the previous parameters and frequencies, FiSAT II can still be used to predict the relative yield and biomass per recruit (Y'/R and B'/R) of *O. niloticus* to the fisheries. Plots of Y'/R vs. $E (=F/Z)$ and of B'/R vs. E , from which E_{max} (exploitation rate which produces maximum yield), $E_{0.1}$ (exploitation rate at which the marginal increase of relative yield-per-recruit is 10% of its unexploited biomass $E = 0$) and $E_{0.5}$ (value of E under which the stock has been reduced to 50% of its unexploited biomass) are also computed through the first derivative of the Beverton and Holt function (Beverton and Holt, 1966). These are used as target reference points for best fishing management.

Yield contours are plotted to assess the impact on yield of changes in exploitation rate E and critical length ratio L_c/L_∞ . (L_c being mean length of fish at first capture, $= L_{50}$). The resulting isopleths map can be used to determine the best E and L_c/L_∞ to reach the maximal Y'/R and B'/R at the current situation.

Additional length is calculated as additional help fishing management decision: L_{opt} which is the length where the biomass of an unfished cohort reaches its maximum (Beverton, 1992; Froese *et al.*, 2008) (6):

$$L_{opt} = L_\infty \frac{3}{3 + \left(\frac{M}{K}\right)}. \quad (6)$$

The standard length at which 50% of Nile tilapias are still immature and the other half starts to be mature was estimated based on the 258 fish measured above ($SL \pm 1$ mm). These lengths were compared with L_c . Maturity stage was described by a 1 or a 0 observing: (1) gonads presence (+ ovule for females = stage 3 for this species) and (+ semen dripping from the gonads for males = stage 4) or (0) no visible gonads.

A logistic regression was fitted in R with the general linear model procedure using the fishR package. The Thompson and Bell yield and stock prediction routine in FiSAT II was used for prediction of harvested fish and biomass changes with an example of management recommendation (Thompson and Bell, 1934). This model combines features of Beverton and Holt's Y'/R model with those of VPA, which it inverts. The current fishing rate and L_c were compared with increased L_c and L_{opt} determined below only, without modification of F .

2.6 Lao reservoir and worldwide φ' comparison

Biological parameters from other tilapia populations of various ecological contexts (natural and farmed) have been gathered from available literature and analysed for comparisons with the NT2 tilapia population. According to (Moreau *et al.*, 1986), the growth performance index (φ') values should be equal or roughly similar between different stocks in a normal distribution. We tested this assumption and hypothesised that this pan-tropical species showed a phenotypic plasticity with a wide spectrum of φ'

irrespectively to continents or water systems, but fish from aquaculture raised in optimal settings should have a better φ' than in natural and challenging conditions (Pauly *et al.*, 1988). We also checked (with objective (2)) if biological parameter variability could also be due to variability in methodology.

To test the normal distribution of worldwide *O. niloticus* φ' , Shapiro-Wilk and graphical tests were performed on Table 1 values. These data were collected from published works based on bibliographic search, with the keywords “*Oreochromis + niloticus*” in Web of Science (from 1970 to August 2018) and from relevant works found in the references sections. Continental effects on populations, and other potential effects such as hydrosystems (reservoir, lake, cage, pond, etc.) were tested with analysis of variances, Kruskal-Wallis and Pairwise comparisons using Wilcoxon rank sum tests. These tests were realized with R software (R Development Core Team, 2011). Only the average was considered for cases with multiple values at a same site.

Because the reported fish lengths were standard length (SL) or total length (TL) in the literature, we established the *O. niloticus* TL/SL relationship based on 322 fish caught and measured into the NT2 Reservoir (the 258 aged Nile tilapia individuals randomly selected from the fish landing in 2016 +64 not aged). The relationship was ($R^2 = 0.99$): $TL = 1.223 \times SL$, and it allowed recalculate comparable growth performance indices (φ').

3 Results

3.1 Biological parameters

At the NT2 Reservoir, age of the 258 fish given by otolith readings ranged from 0 to

8 years old (Max. ♀ = 8 years, Max. ♂ = 7 years), with standard length ranging from 31 to 360 mm. The L_∞ mean (\pm SE) was 454.7 ± 123.8 mm (♀ = 317.5 ± 124.1 mm; ♂ = 438.1 ± 284.9 mm). The mean growth coefficient (K) was 0.14 ± 0.06 yr⁻¹ (♀ = 0.23 ± 0.34 yr⁻¹; ♂ = 0.14 ± 0.17 yr⁻¹) and the growth performance indices (φ') was 2.636 (♀ = 2.540; ♂ = 2.604; Tab. 1). For length frequency distribution analyses, data ranged from 65 to 495 mm for fish landing and from 37 to 303 mm for experimental fishing. The L_∞ means, (K) and (φ') were respectively (no SE available) $L_\infty = 525.0$ mm, (K) = 0.230 yr⁻¹, (φ') = 2.977 for fish landing and $L_\infty = 241.5$ mm, (K) = 0.140 yr⁻¹, (Tab. 2). (φ') = 2.085 for experimental fishing.

The mean estimated total mortality coefficient (Z) was 1.41 ± 0.23 year⁻¹, $IC_{95} = [1.33 - 1.50]$; natural mortality coefficient (M) = 0.30 year⁻¹ (at 26.5 °C) fishing mortality coefficient (F) = 1.11 year⁻¹ and exploitation rate (E) = 0.79 from the fish landing data (Fig. 2 left). The experimental fishing did not allow relevant results (e.g. relative age of fish at 22 years old, $Z < M$, etc.).

The recruitment model showed continuous recruitment of *O. niloticus* all along the year with slight peaks in January and in March–April (11.0 and 18.4%, respectively).

3.2 Virtual population analysis and fishing management

With current Fish mortality, F of 1.11, the optimal F_{opt} should be $0.5M = 0.15$ and the limit F_{lim} should be $\frac{1}{3}M = 0.10$. The mean length at the entry into the fishery at L_{25} , L_{50} , and L_{75} were 202.43, 210.38 and 219.28 mm respectively

Table 2. Biological parameters of Nile tilapia (*O. niloticus*) in various locations from literature. The parameters are: predicted asymptotic length (L_{∞} , Standard and Total Length, italics values are recalculated values), growth coefficient K , growth performance index ϕ' , and hypothetical length at which age is zero t_0 , the exploitation rate E , total coefficient of mortality Z , natural mortality M , and fishing mortality F .

Tableau 2. Paramètres biologiques du Tilapia du Nil (*O. niloticus*) dans diverses localités et issus de la littérature. Les paramètres sont : longueur asymptotique prédite (L_{∞} , longueur standard et longueur totale, les valeurs en italique sont des valeurs recalculées), coefficient de croissance K , indice de performance de croissance ϕ' , longueur hypothétique pour laquelle l'âge est égal à zéro t_0 , taux d'exploitation E , coefficient de mortalité total Z , naturel mortalité M et mortalité par pêche F .

Continent	Country	System	Site	SL $_{\infty}$ (cm)	TL $_{\infty}$ (cm)	K (year $^{-1}$)	ϕ'	t_0 (yrs)	E	Z/M/F (year $^{-1}$)	References
Africa	Benin	Lake	Toho	34.3	41.5	0.3	2.713	-0.75	0.3	1.10/0.74/0.36	(Montcho et al., 2015)
Africa	Burkina Faso	Reservoir	Boromo	17.6	21.3	0.522	2.374				(Baijot et al., 1996)
Africa	Burkina Faso	Reservoir	Tapoa	29.8	36	0.39	2.704				(Baijot et al., 1996)
Africa	Côte d'Ivoire	Lake	Ayame I	25.4	30.8	0.22	2.320				(Ouattara et al., 2009)
Africa	Côte d'Ivoire	Lake	Ayame I	29.2	35.3	0.4	2.698				(Tah et al., 2009)
Africa	DR Congo	Lake	Albert	40.3	48.8	0.5	3.076		0.3	1.42/0.94/0.48	(Moreau, 1979)
Africa	Ghana	Reservoir	Bontanga	23.6	28.9	0.58	2.684		0.3	1.90/1.35/0.55	(Kwarfo-Apegyan et al., 2009)
Africa	Kenya	Lake	Nyanza Gulf	48.6	58.8	0.59	3.309	-0.64	0.5	2.12/1.00/1.12	(Njiru et al., 2007)
Africa	Kenya	Lake	Nyanza Gulf	50.7	61.3	0.39	3.166		0.6	1.71/0.72/0.99	(Dache, 1994)
Africa	Kenya	Lake	Victoria	38.2	46.2	0.69	3.168		0.5	2.18/1.14/1.05	(Yongo and Outa, 2016)
Africa	Madagascar	Lake	Kainji	58.2	70.4	0.4	3.297				(Moreau, 1979)
Africa	Madagascar	Lake	Itassi	59.1	71.5	0.14	2.855				(Moreau, 1979)
Africa	Nigeria	Lake	Kainji	44.0	53.2	0.29	2.914				(Du Feu, 2003)
Africa	Nigeria	Lake	Gbedikere	36.2	43.8						(Adeyemi et al., 2009)
Africa	Nigeria	Reservoir	Opa	46.9	56.7	0.26	2.922				(King, 1997)
Africa	Nigeria	Lake	Tchad	37.3	45.2	0.318	2.812	-0.11			(Blache et al., 1964)
Africa	Uganda	Lake	Nabugabo	38.3	46.3	0.41	2.945	-0.06			(Bwanika et al., 2007)
Africa	Uganda	Lake	Wamala	24.81	30.0						(Bwanika et al., 2007)
Africa	Burkina Faso	Reservoir	Boimigou	19.6	23.7	0.286	2.206				(Baijot et al., 1996)
Africa	Burkina Faso	Reservoir	Kokolo	19.3	23.3	0.196	2.027				(Baijot et al., 1996)
Africa	Burkina Faso	Reservoir	Ramitenga	15.0	18.2	0.58	2.284				(Baijot et al., 1996)
Africa	Burkina Faso	Reservoir	Sorou	18.2	22	0.7	2.530				(Baijot et al., 1996)
Africa	Burkina Faso	Reservoir	Tangugiga	14.5	17.6	0.462	2.154				(FishBase, 2018)
Africa	Burkina Faso	Reservoir	Tanguiga	14.5	17.6	0.46	2.154				(Sangak, 2010)
Africa	Egypt	Lake	Burullos	28.6	34.6	0.21	2.401	-0.42			(Jensen, 1957)
Africa	Egypt	Lake	Mariut	33.6	40.6	0.356	2.769	-0.12			(El-Zarka et al., 1970)
Africa	Egypt	Lake	Mariut	35.2	42.6	0.46	2.921	0.541			(Moreau et al., 1986)
Africa	Egypt	Lake	Nasser	52.1	63.7	0.26	3.024				(Moreau, 1979)
Africa	Egypt	Lake	Nasser	47.8	57.8	0.516	3.237				(Moreau, 1979)

Table 2. (continued).

Continent	Country	System	Site	S _{Leo} (cm)	T _{Leo} (cm)	K (year ⁻¹)	φ [*]	t ₀ (yrs)	E	ZM/F (year ⁻¹)	References
Africa	Egypt	Lake	Nasser	53.8	65.1	0.216	2.962		0.4	1.39/0.61/0.78	(Moreau, 1979)
Africa	Egypt	Lake	Edku	28.5	34.5	0.2	2.377	-0.53	0.4	1.15/0.65/0.49	(Abd-Alla and Talaat, 2000)
Africa	Egypt	Canal	El-Bahr El-Faraouny	30.8	37.3	0.294	2.611	-0.09	0.4	0.97/0.40/0.56	(El-Kasheif et al., 2015)
Africa	Egypt	River	Nile	39.8	48.1	0.147	2.532	-0.22	0.6	0.64/0.39/0.25	(Hassan and El-Kasheif, 2013)
Africa	Egypt	River	Nile, Damietta branch	30.0	36.3	0.12	2.199	-1.12	0.4	1.62/0.80/0.82	(Aufman et al., 2009)
Africa	Egypt	River	Nile, Rosetta branch	23.5	28.5	0.39	2.501	-0.82	0.5	0.87/0.52/0.35	(Mahmoud and Mazrouh, 2008)
Africa	Egypt	Lake	NozhaHydrodrome	31.5	38.1	0.211	2.485	-0.43	0.4	0.87/0.52/0.35	(Mahmoud et al., 2013)
Africa	Ghana	Lake	Volta	33.5	41.0	0.35	2.769		0.3	1.21/0.90/0.31	(De Graaf and Ofori-Danson, 1997)
Africa	Ghana	Lake	Volta	33.5	41.0	0.55	2.965	-0.38	0.3	0.82/0.54/0.28	(Ofori-Danson, 2005)
Africa	Kenya	Lake	Nyanza Gulf, Victoria	53.4	64.6	0.25	3.018		0.3	0.82/0.54/0.28	(Getabu, 1992)
Africa	Nigeria	Lake	Gbedikere	36.2	43.8	0.32	2.788				(Adeyemi et al., 2009)
Africa	Uganda	Lake	Albert	39.0	47.7	0.5	3.056				(Ssentongo, 1971)
America	Brazil	Reservoir	Barra Bonita	33.6	41.1	0.63	3.027		0.4	2.81/1.61/1.20	(Costa Novaes and Carvalho, 2012)
America	Mexico	Lake	Coatetelco	17.88	21.9	0.34	2.211	-1.54			(Gómez-Márquez et al., 2008)
Asia	Bangladesh	Reservoir	Kaptai	46.0	55.6	0.39	3.081		0.4	1.13/0.80/0.59	(Ahmed et al., 2003)
Asia	Irak	River	Tigris	24.3	29.4	0.108	1.969				(Altee et al., 2017)
Asia	Lao	Reservoir	Nam Theun 2	52.5	64.21	0.23	2.977	-0.28	0.5	1.41/0.30/1.11	This study (LFA method)
Asia	Lao	Reservoir	Nam Theun 2	45.5	55.6	0.14	2.636				This study (otoliths method)
Asia	Pakistan	Reservoir	Chashma	18.8	22.78	0.07	1.560	-0.16	0.9	1.11/0.16/0.95	(Mehak et al., 2017)
Asia	Sri Lanka	Reservoir	Adawalawe	36.4	44.0	0.49	2.977				(Moreau et al., 2008)
Asia	Sri Lanka	Reservoir	Kaudulla	45.1	54.5	0.35	3.017		0.6	1.95/0.75/1.07	(Amarasinghe and de Silva, 1992)
Asia	Sri Lanka	Reservoir	Minneriya	36.0	43.5	0.32	2.782				(Moreau et al., 2008)
Asia	Sri Lanka	Reservoir	Minneriya	45.1	54.5	0.43	3.106		0.7	3.57/0.87/2.61	(Amarasinghe and de Silva, 1992)
Asia	Sri Lanka	Reservoir	Tabbowa	42.0	50.7	0.64	3.216		0.4	1.96/1.17/0.79	(Amarasinghe, 2002)
Asia	Sri Lanka	Reservoir	Victoria	31.6	38.2	0.6	2.942				(Moreau et al., 2008)

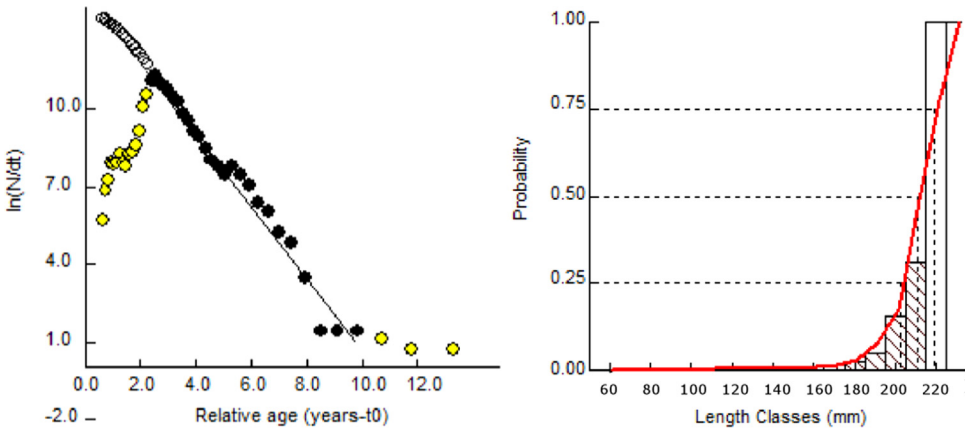


Fig. 2. Length-converted catch curve (left) of *O. niloticus* ($N = 11820$) estimating annual instantaneous total mortality ($Z = 1.41 \text{ year}^{-1}$; Natural mortality (at 26.5°C) ($M = 0.30 \text{ year}^{-1}$; Fishing mortality ($F = 1.11 \text{ year}^{-1}$; Exploitation rate ($E = 0.79$). NT2 Reservoir, Lao, PDR (year 2016). Black dots of the left figure were used for Z calculation (*i.e.* the slope) using least squares line regression ($R^2 = 0.98$). The white dots represent the fish that would have been caught if fully recruited. The yellow dots on the left are the not fully recruited points discarded from the calculation; The ratio: expected and actual catches, gives probability of capture for each class size (right).

Fig. 2. À gauche : Courbe des captures converties en tailles d'*O. niloticus* ($N = 11820$) estimant la mortalité instantanée annuelle ($Z = 1,41 \text{ an}^{-1}$; naturelle (à $26,5^\circ\text{C}$) ($M = 0,30 \text{ an}^{-1}$; par pêche ($F = 1,11 \text{ an}^{-1}$; le taux d'exploitation ($E = 0,79$ pour NamTheun2 en 2016. Les ronds noirs correspondent aux données utilisées pour calculer Z en utilisant la régression linéaire des moindres carrées ($R^2 = 0,98$). Les ronds blancs représentent les poissons qui auraient été capturés si le recrutement avait été total. Les ronds jaunes sont des données correspondant à un recrutement non total et écartés du calcul. À droite : Le ratio : les captures prévues et les captures réelles donnent la probabilité de capture pour chaque taille de classe.

(Fig. 2 right). The mean length of fish at first capture (L_c) was equivalent to $L_{50} = 210.38 \text{ mm}$. Immature fish were found up to 360 mm but some mature fish started at 112 mm . The proportion of mature fish was 50% for a standard length of 295 mm (Fig. 3). From the FiSAT II virtual population analysis, the stock of the reservoir was estimated to be 165 tones with about 744 000 Nile tilapias (Fig. 4). The exploitation rate was $E = 0.79$. This rate was $> E_{10} = 0.508$, $> E_{50} = 0.336$ and $> E_{\max} = 0.594$ obtained by relative yield and biomass per recruit (Fig. 5). The yield-per-recruit isopleths diagram of the various length at entry for *O. niloticus*

into the fishery based on different values of E and a constant value of $M/K = 1.304$ and $L_\infty = 525 \text{ mm}$ showed the discontinued curves indicating the range producing the maximum yield-per-recruit (Fig. 6). The maximum theoretical value of relative yield-per-recruit at the meeting point of the eumetric yield curve (*i.e.* stable population) with the maximum sustainable yield (MSY) (so-called potential yield-per-recruit) was $Y'/R = 0.062$ with $E = 0.7$ and $L_c/L_\infty = 0.6$, that to say $L_c = 315 \text{ mm}$. The current level of exploitation ($Y'/R = 0.05$) is on the right side of the eumetric curve indicating potential overfishing with too many

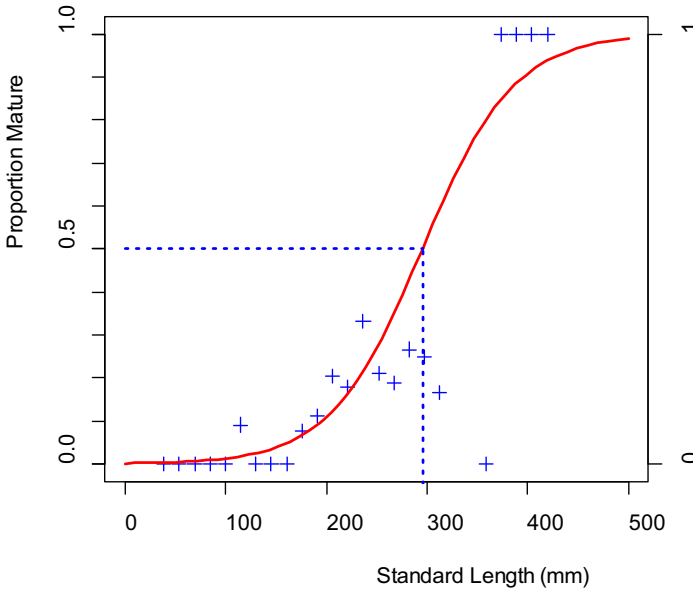


Fig. 3. Fitted logistic regression for proportion of mature Nile tilapia (*O. niloticus*) by standard length with $L_{50}=295$ mm shown in blue ($N=258$) in NT2 Reservoir, Lao, PDR. The current mean length of fish at first capture was $L_c=210.38$ mm.

short fish caught (Fig. 6). Accordingly to the figures, a reduction of E (moving to the left) and/or a reduction of the targeted class size (with bigger hooks and larger gill net mesh (moving to the top)), would lead to an increase in relative yield.

Value of $L_{opt}=365.9$ mm is considered as the size of exploitation at which *O. niloticus* yield attains its maximum potential in this reservoir.

A Thompson and Bell Yield-Stock Prediction with a L_{50} of 315 mm was compared to the current prediction with $L_{50}=210.38$ mm. For the same fishing effort of $F=1.11$, but with an increase of mesh size, the yield was near optimal capability and with +125% than the current level. On the other hand, the biomass has more than doubled (207%).

3.3 Lao reservoir and worldwide φ' comparison

Biological parameters of several Nile tilapia populations from various continents and hydrosystems are summarized in Table 2. The range of parameter values was wide for populations from the different ecosystems (lakes, reservoirs, rivers): $L_{\infty}=[\text{SL: } 145.5\text{--}591.3 \text{ cm}]$, $K=[0.07\text{--}0.70]$, $\varphi'=[1.56\text{--}3.31]$. Globally the φ' distribution was normal ($W=0.94605$, $p\text{-value}=0.0001584$). The average φ' was significantly higher in fish farms = 3.387; $IC_{95}=[3.332\text{--}3.443]$ (ponds, cages, tanks, Tab. 3) than in ecosystem 2.735; $IC_{95}=[2.624\text{--}2.846]$ (lakes, reservoirs, rivers) ($W=173$, $p<0.0001$).

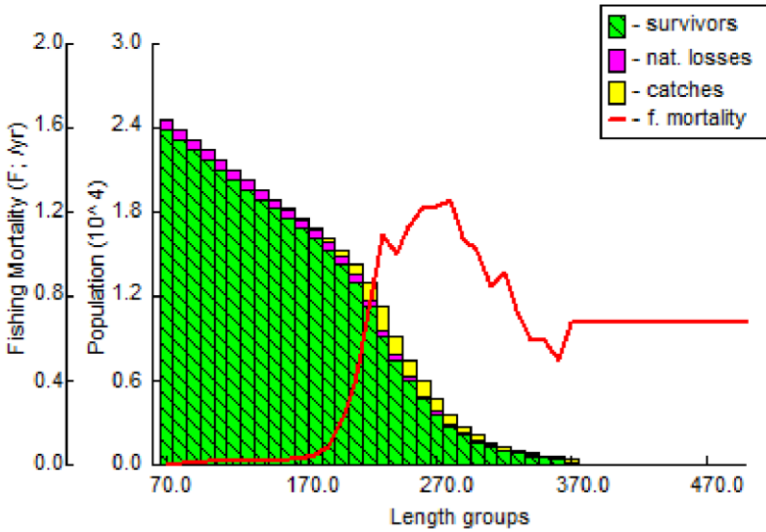


Fig. 4. Length-Structured (TL) Virtual Population Analysis (VPA) of *O. niloticus* (from fish landings) in NT2 Reservoir, Lao, PDR (year 2016).

Fig. 4. Analyse de la structure de taille (TL) d'une population virtuelle (VPA) d'*O. niloticus* (issus des débarquements de pêche) pour le réservoir de Nam Theun 2, au Laos, en 2016.

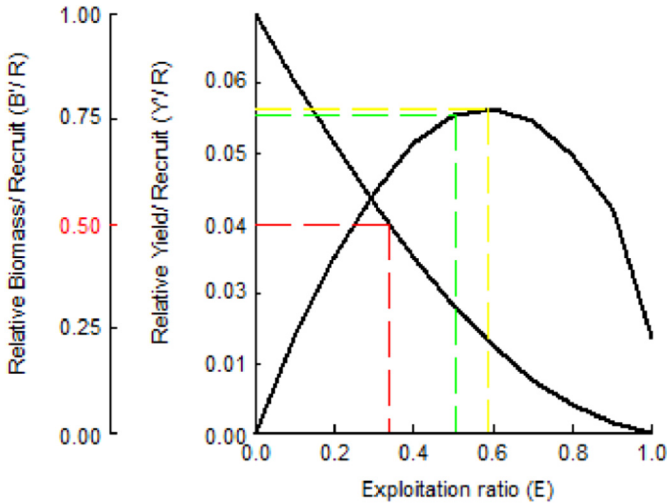


Fig. 5. Relative yield and biomass per recruit (selection ogive) of *O. niloticus*. NT2 Reservoir, Lao, PDR (year 2016). $E_{10}=0.508$, $E_{50}=0.336$ and $E_{max}=0.594$ (yellow dotted line). Current $E=0.79$.

Fig. 5. Rendement relatif et biomasse par recruit (sélection ogive) d'*O. niloticus* pour le réservoir de Nam Theun 2, au Laos, en 2016. $E_{10}=0.508$, $E_{50}=0.336$ and $E_{max}=0.594$ (ligne pointillée jaune). Actuellement $E=0,79$.

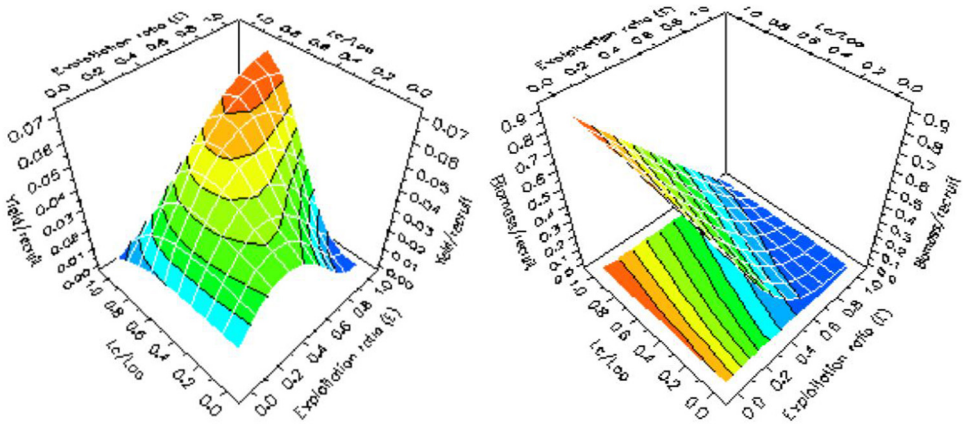


Fig. 6. 3D map of relative yield per recruit (Y'/R) (left), and relative biomass per recruit (B'/R) (right) as a function of relative size at first capture (L_c/L_∞) and exploitation rate ($E = F/Z$ Knife-edge with fixed $M/K = 1.304$). The relative yield and relative biomass per recruit increased with the vertical axis (isopleth color going to orange). For the Y'/R , if the situation point is at the left of the slope (eumetric yield curve) the scenario is in underfishing situation, at the right of the slope: in overfishing. The situation in 2016 in the NT2 Reservoir for Nile tilapia was $E = 79$ and $L_c/L_\infty = 0.4$. A reduction in exploitation rate and in L_c with mesh size/hooks increase lead to an increase in relative yield (and overall biomass) and would be the fishing management recommendation.

Fig. 6. Représentation 3D du rendement relatif par recrue (Y'/R) (à gauche) et de la biomasse relative par recrue (B'/R) (à droite) en fonction de la taille relative à la première capture (L_c/L_∞) et du taux d'exploitation ($E = F/Z$). Tranche d'âge avec M/K fixé à 1,304. Le rendement relatif et la biomasse relative par recrue ont augmenté avec l'axe vertical (la couleur des isoplèdes allant à l'orange). Pour le Y'/R , si le point de situation est à gauche de la pente (courbe de rendement eumétrique), le scénario est en situation de sous-pêche, à droite de la pente : en sur-pêche. La situation en 2016 du réservoir de Nam Theun 2 pour le tilapia du Nil était $E = 79$ et $L_c/L_\infty = 0,4$. Une réduction du taux d'exploitation et de L_c avec une augmentation de la taille du maillage ou recourt aux hameçons conduit à une augmentation du rendement relatif (et de la biomasse globale) et constituerait donc une recommandation de gestion pour cette pêche.

There were differences within the ecosystem and aquaculture groups (Wilcoxon rank sum tests with $P < 0.05$, Fig. 7). For ecosystems, the populations were not different between Africa and Asia ($W = 222$, p -value = 0.797).

4 Discussion

The NT2 Reservoir was impounded in 2008 and tends to reach an ecological equilibrium, despite significant exploitation of the ichthy resources

(Cottet *et al.*, 2016; Cottet and Visser, 2017). More than 2000 households rely on the *O. niloticus* for food, representing half of their fisheries. Consequently, knowledge on biological parameters of *O. niloticus* is useful for fishing management in this recent Asian reservoir and more largely for the South East Asian region. Globally, several methods exist to help fish stock management, most of them usable in various routines with FISAT II (Sparre, 1998). This study showed that the results can be slightly different between length-at-age analyses *versus* length frequency

Table 3. Biological parameters of Nile tilapia (*O. niloticus*) in aquaculture (Pauly *et al.*, 1988). With predicted asymptotic length (L_{∞} , Standard and Total Length), growth coefficient K , and growth performance index φ' .

Tableau 3. Paramètres biologiques du Tilapia du Nil (*O. niloticus*) en aquaculture (Pauly *et al.*, 1988). Les paramètres sont : les longueurs asymptotiques prédites (L_{∞} pour la longueur standard et la longueur totale), le coefficient de croissance K et l'indice de performance de croissance φ' .

Continent	Country	Hydrosystem	SL $_{\infty}$ (cm)	TL $_{\infty}$ (cm)	K (year $^{-1}$)	(φ')
Africa	Burkina Faso	Pond	14.6	17.9	2.385	2.881
Africa	Burkina Faso	Pond	22.3	27.3	0.88	2.816
Africa	Cameroon	Pond	21.9	26.8	4.329	3.492
Africa	CAR	Tank	15.1	18.5	7.305	3.396
Africa	CAR	Tank	15.6	19.1	3.003	3.039
Africa	CAR	Tank	17.3	21.2	2.997	3.128
Africa	CAR	Tank	24.9	30.5	1.572	3.164
Africa	CAR	Tank	25.9	31.7	1.447	3.162
Africa	Côte d'Ivoire	Cage	19.3	23.6	4.737	3.421
Africa	Côte d'Ivoire	Cage	23.9	29.2	1.881	3.206
Africa	Côte d'Ivoire	Pond	19.1	23.4	6.604	3.557
Africa	Côte d'Ivoire	Pond	23.4	28.6	3.69	3.480
Africa	Sierre Leone	Pond	18.9	23.1	2.95	3.198
America	Puerto Rico	Pond	15.3	18.7	5.342	3.272
America	USA	Pond	14.2	17.4	7.291	3.342
America	USA	Pond	20.8	25.4	6.58	3.629
America	USA	Pond	22.5	27.5	10.458	3.899
America	USA	Pond	22.8	27.9	4.179	3.512
America	USA	Pond	22.8	27.9	8.028	3.795
Asia	Philippines	Cage	12.9	15.8	13.933	3.540
Asia	Philippines	Cage	13.2	16.1	6.544	3.232
Asia	Philippines	Cage	15.4	18.8	7.843	3.444
Asia	Philippines	Cage	22.4	27.4	2.915	3.340
Asia	Philippines	Pond	12.4	15.2	7.155	3.216
Asia	Philippines	Pond	12.7	15.5	12.348	3.474
Asia	Philippines	Pond	13.5	16.5	9.22	3.400
Asia	Philippines	Pond	14.9	18.2	5.685	3.276
Asia	Philippines	Pond	15.3	18.7	10.377	3.560
Asia	Philippines	Pond	15.6	19.1	10.742	3.592
Asia	Philippines	Pond	16.3	19.9	9.352	3.570
Asia	Philippines	Pond	17.4	21.3	10.631	3.683
Asia	Philippines	Pond	20.6	25.2	5.409	3.536
Asia	Philippines	Pond	23.6	28.9	6.879	3.758
Asia	Philippines	Pond	23.8	29.1	3.854	3.514
Asia	Thailand	Pond	12.9	15.8	5.476	3.134
Asia	Thailand	Pond	13.7	16.8	9.712	3.436
Asia	Thailand	Pond	15.8	19.3	8.889	3.521
Asia	Thailand	Pond	16.6	20.3	10.942	3.654
Asia	Thailand	Pond	16.9	20.7	7.651	3.514
Asia	Thailand	Tank	10.3	12.6	19.644	3.494
Asia	Thailand	Tank	10.7	13.1	7.263	3.095
Asia	Thailand	Tank	11.1	13.6	13	3.379
Asia	Thailand	Tank	11.4	13.9	6.423	3.096
Asia	Thailand	Tank	11.8	14.4	4.15	2.937
Asia	Thailand	Tank	12	14.7	9.871	3.328
Asia	Thailand	Tank	12.3	15.0	6.534	3.170
Asia	Thailand	Tank	13.3	16.3	7.093	3.273
Asia	Thailand	Tank	13.3	16.3	7.628	3.305
Asia	Thailand	Tank	13.7	16.8	4.75	3.125

Table 3. (continued).

Continent	Country	Hydrosystem	SL _∞ (cm)	TL _∞ (cm)	K (year ⁻¹)	(φ')
Asia	Thailand	Tank	15.7	19.2	7.157	3.421
Asia	Thailand	Tank	15.8	19.3	7.109	3.424
Asia	Thailand	Tank	18.3	22.4	5.881	3.469
Europe	Belgium	Pond	19	23.2	4.789	3.413
Europe	Belgium	Pond	21.5	26.3	2.265	3.195
Europe	Belgium	Pond	22.2	27.2	4.271	3.498
Europe	Belgium	Pond	23.1	28.3	2.54	3.307
Europe	Belgium	Pond	40.8	49.9	0.716	3.251
Europe	Belgium	Tank	13.2	16.1	13.207	3.537
Europe	Belgium	Tank	17.3	21.2	12.654	3.753
Europe	Belgium	Tank	18.6	22.7	4.221	3.339
Europe	Belgium	Tank	18.9	23.1	10.665	3.756
Europe	Belgium	Tank	22.5	27.5	2.984	3.354
Europe	Belgium	Tank	23.3	28.5	5.419	3.643
Europe	Belgium	Tank	29.9	36.6	2.076	3.443

distribution growth analyses, with the same fish stock, sampled at the same year. The sampling method can affect biological parameters results and thus potentially changing other parameters such as mortality M or even Beverton and Holt Y/R analyses (Knife-edge) which is calculated mainly with K and L_{∞} .

Otolith readings are a robust method but the lower sample size of this study prevented recording fish of extreme large sizes (for L_{∞} determination). For instance, a 8 years old female was aged in this study, which is the oldest age published for Nile tilapia in the literature (FishBase, 2018), but had a SL of only 280 mm (in the literature). Thus indicating a probable margin of more growing. The L_{∞} is = 454 *versus* 525 mm for the length at age and the length frequency analyses respectively. However, K was 0.14 for males and for all sex pooled, but 0.23 for females only, equal to 0.23 found from the length frequency analyses. These results complicated the inter and intra-population comparisons regularly

found in literature (Tab. 2). Furthermore, site comparisons have to be cautious because some parameters based on experimental fishing with are from low sample size or short period of sampling. However, in this study case, insufficient sampling showed irrelevant results for this type of analysis despite costly sampling efforts (24 nights, 3 staff/boat for this protocol). The main conclusion for fish landings or experimental sampling choice of protocol is that bulky data based on fishermen are more robust even if the catches are not standardized with a fishing protocol, because of the high data number reaching representativeness. Furthermore, this method is logistically easier. This method is thus recommended according to the scientific questions and needs. This example recalls best practices for using the ELEFAN approach (Brey and Pauly, 1986; Pauly and Morgan, 1987; Taylor and Mildenerger, 2017): the length frequency data should (i) contain relatively high counts that are representative of the length distribution

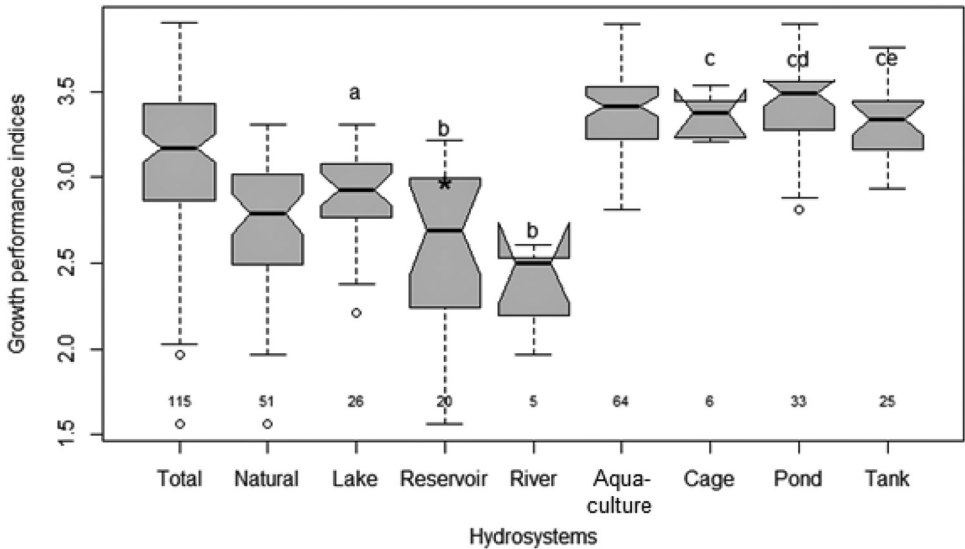


Fig. 7. The growth performance indices (ϕ') of Nile tilapia (*O. niloticus*) in various hydrosystems. Groups significantly different are represented by letters (Wilcoxon rank sum tests, $P < 0.05$). Below each box, the effective of bibliographic resources indicates the number of used. N are indicated below the boxes. The star represents the NT2 Reservoir, Lao PDR.

Fig. 7. Les indices de performance de croissance (ϕ') du Tilapia du Nil (*O. niloticus*) dans divers hydro-systèmes. Les groupes significativement différents sont identifiés par une lettre (test de Wilcoxon, $P < 0,05$). L'étoile représente Nam Theun 2 au Laos.

of the population or catches; (ii) be sampled at regular intervals throughout the year with the same sampling effort and (iii) cover a substantial degree of small class sizes, as their relatively higher numbers and faster growth will aid in the fitting of the growth curve. A general rule-of-thumb could be that the smallest class size should start at least 25% of L_∞ . Our experimental fishing study case failed for condition (i).

This finding highlights the need to compare the biological parameters of a fish population with cautious. Indeed, various methods seem to provide slightly different results. The species range for K is [0.14–0.41 years⁻¹] on Fishbase (FishBase, 2018), but seems to be wider on Table 1. ϕ' can be used

to compare populations as long as similar units and definitions are used (see routine's requests in FISAT II) and cautions have to be taken for ichthyologists for comparisons using external ϕ' data. However, the meaningful low growth performance indices ϕ' can be noticed for populations suffering challenging environment (e.g. oligotrophic waters, low temperature, etc. and high ϕ' for population under relatively severe predation/fishing pressure (Amarasinghe, 2002; Njiru *et al.*, 2007; Moreau *et al.*, 2008; Costa Novaes and Carvalho, 2012; Yongo and Outa, 2016).

Based on these data, *O. niloticus* of NT2 Reservoir seems to be overfished. The current E is 0.79 which is superior to $E_{\max} = 0.594$, leading to an over

exploitation of the population with reduced biomass, density and ultimately to reduced yield per recruit relatively to its optimal potential (0.05 instead of 0.062). Reducing the fishing mortality from 1.11 to 0.45 would increase the population biomass by 195% and thus the yield by 114%. Furthermore, the fish start to be caught at 210 mm through the current gillnet mesh size. Many of these fish did not reproduced more than once or are even immature and will never participate to the population renewal. Using bigger mesh size would lead to an increase in the yield. The social, economic and technical implications of changes in current fishing practices must not be overlooked. A dedicated feasibility study should probably be done and a pedagogic and technical support should be provided to local populations. Other ecological effects of the *O. niloticus* deserve to be studied.

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