Efflux pumps: gatekeepers of antibiotic resistance in *Staphylococcus aureus* biofilms

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ABSTRACT Staphylococcus aureus, a versatile human pathogen, poses a significant challenge in healthcare settings due to its ability to develop antibiotic resistance and form robust biofilms. Understanding the intricate mechanisms underlying the antibiotic resistance is crucial for effective infection treatment and control. This comprehensive review delves into the multifaceted roles of efflux pumps in S. aureus, with a focus on their contribution to antibiotic resistance and biofilm formation. Efflux pumps, integral components of the bacterial cell membrane, are responsible for expelling a wide range of toxic substances, including antibiotics, from bacterial cells. By actively extruding antibiotics, these pumps reduce intracellular drug concentrations, rendering antibiotics less effective. Moreover, efflux pumps have emerged as significant contributors to both antibiotic resistance and biofilm formation in S. aureus. Biofilms, structured communities of bacterial cells embedded in a protective matrix, enable S. aureus to adhere to surfaces, evade host immune responses, and resist antibiotic therapy. Efflux pumps play a pivotal role in the development and maintenance of S. aureus biofilms. However, the interplay between efflux pumps, antibiotic resistance and biofilm formation remains unexplored in S. aureus. This review aims to elucidate the complex relationship between efflux pumps, antibiotic resistance and biofilm formation in S. aureus with the aim to aid in the development of potential therapeutic targets for combating S. aureus infections, especially those associated with biofilms. The insights provided herein may contribute to the advancement of novel strategies to overcome antibiotic resistance and disrupt biofilm formation in this clinically significant pathogen.

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Abbreviations:

ABC - ATP binding cassette, CCCP - carbonyl cyanide-3-chlorophenyl hydrazone, EPIs - efflux pump inhibitors, EPS - extracellular polymeric matrix substance, MATE - multidrug and toxin extrusion, MFS - major facilitator superfamily, MRSA - methicillin-resistant *S. aureus*, MSCRAMM - microbial surface component recognizing adhesive matrix molecules, RND - resistance nodulation cell division, SMR - small multidrug resistance.

INTRODUCTION

The emergence of antimicrobial-resistant bacteria has become a global health crisis, posing significant challenges to modern medicine [1]. Among these pathogens, *Staphylococcus aureus* is the most prevalent human pathogen, causing a wide range of infections from mild skin and soft tissue infections to lifethreatening conditions such as pneumonia, endocarditis, and device-associated infections [2]. *S. aureus* is a commensal organism, colonizing the anterior nasal passages of 20% to 80% of the human population [3]. However, its ability to rapidly develop resistance to a broad spectrum of antimicrobial compounds has made it a major concern in clinical settings [4]. The U.S. Centre for Disease Control reports *S. aureus* as the second most prevalent pathogenic bacteria, highlighting its significance in public health.

Historically, *S. aureus* antimicrobial resistance is marked by the widespread use of methicillin and semi-synthetic antistaphylococcal penicillin in the 1960s that led to the emergence of methicillin-resistant *S. aureus* (MRSA) [5]. Since then, MRSA has become a leading hospital-associated pathogen [6–9]. Vancomycin, long considered the drug of last resort for severe MRSA infections, has shown decreased efficacy with the emergence of vancomycin-intermediate *S. aureus* (VISA) and vancomycin-resistant *S. aureus* (VRSA) in some regions [10]. *S. aureus* has developed resistance to multiple antibiotic classes, including aminoglycosides, penicillin, macrolides, and tetracycline [11], leading to frequent outbreaks and treatment challenges [12].

Among the various known antibiotic resistance mechanisms, efflux pumps play a crucial role in *S. aureus*. These membrane-bound transporters act as critical defence mechanisms by expelling antibiotics and other toxic compounds from the bacterial cell, thereby reducing their intracellular concentration and efficacy [13]. Recent studies have also suggested a link between efflux pumps, virulence and biofilm formation, highlighting their multifaceted role in *S. aureus* pathogenesis [14].

Biofilm formation represents a sophisticated survival strategy employed by *S. aureus* and other pathogens [15–17]. In natural and clinical environments, *S. aureus* forms complex microbial communities encased in a protective extracellular matrix [18]. This mode of growth significantly enhances *S. aureus* tolerance to various antibiotic classes, promotes persistence, and complicates treatment strategies. Studies have shown that efflux pumps contribute to biofilm formation by facilitating the export of quorum-sensing molecules necessary for biofilm development, enhancing tolerance to antimicrobial compounds within the biofilm structure and modulation of gene expression involved in extracellular matrix production [13, 19, 20].

This review presents an understanding of the role of efflux pumps in developing antibiotic resistance in *S. aureus* biofilm which will help in the development of effective therapeutic strategies against efflux pumps to overcome the increasing problem of biofilm associated infections.

ANTIBIOTIC RESISTANCE MECHANISMS

Antibiotics are designed to eliminate microorganisms that are harmful to human health. However, the increased use of antibiotics has led to the emergence of resistant bacteria, suggesting that such organisms are present in the environment and may have evolved due to antibiotic exposure [13, 19, 20]. S. aureus has developed resistance to various antibiotics. The mechanisms of antibiotic resistance in S. aureus are diverse and can be broadly categorized into intrinsic and acquired resistance. Acquired antibiotic resistance often results from plasmid-mediated resistance [21], mutations in chromosomal genes or by acquisition of external genetic elements of resistance [21, 22]. MRSA exemplifies acquired resistance, primarily encoded by the mecA gene carried on the Staphylococcal Cassette Chromosome mec (SCCmec). This genetic element can be transferred between staphylococcal species, thus contributing to the spread of resistance [13].

S. aureus utilizes various mechanisms to develop intrinsic antimicrobial resistance, including limiting drug uptake, modifying drug targets, enzymatically inactivating drugs and actively effluxing the drugs [23, 24]. Among these mechanisms, the efflux system is a major mode of intrinsic drug resistance in *S. aureus* and is described in detail in the following section.

KNOWN STRUCTURE AND FUNCTION OF EFFLUX PUMPS IN *S. AUREUS*

Efflux pumps are ubiquitous membrane proteins involved in the export of the harmful substances from bacterial cells to the external environment [25]. These proteins, either present on bacterial chromosomes or on plasmids [26] are employed by *S. aureus*, a key mechanism adopted to cope with the diverse range of antimicrobials used to treat infections [27].

Based on energy requirements and structure, efflux pumps in *S. aureus* are classified into five membrane protein families: Major Facilitator Superfamily (MFS), Small Multidrug Resistance (SMR), Multidrug and Toxin Extrusion (MATE) family, Resistance Nodulation Cell Division (RND) superfamily, and

ATP-binding Cassette (ABC) superfamily (Figure 1) [28]. MFS and SMR transporters utilize proton motive force to drive substrate extrusion via an anti-port H⁺ drug mechanism. The MATE family can use the sodium membrane gradient, while the ABC superfamily uses ATP hydrolysis to drive substrate extrusion [29].

Among the known efflux transporters in *S. aureus*, the MFS is the primary class, encoded by NorA, NorB, NorC, MdeA, SdrM, LmrS, QacA, and QacB efflux proteins (**Table** 1) [30]. NorA is the most studied and predominant efflux pump associated with the first line defence against antimicrobials in *S. aureus*. It is often overexpressed in MRSA strains [31, 32]. The NorA protein consists of twelve transmembrane segments with 388 amino acids, sharing 44% identity to *Escherichia coli*'s tetracycline efflux pump TetA and is 24% identical with *Bacillus subtilis* Bmr [33]. NorA pumps expel a variety of compounds, including hydrophilic fluoroquinolones such as norfloxacin and ciprofloxacin, dyes like ethidium bromide, and biocides like quaternary ammonium compounds [34].

NorB efflux pumps have structural similarities with Blt (41%), and Bmr (30%) of B. subtilis and NorA (30%), QacA (39%) of S. aureus. NorB confers resistance to a diverse range of antimicrobial compounds, including biocides like cetrimide, tetraphenylphosphonium, and dyes such as ethidium bromide, and hydrophobic and hydrophilic fluoroquinolones like norfloxacin and ciprofloxacin [43]. The NorC efflux pump is comprised of 462 amino acids having twelve transmembrane domains and shares 61% similarity with the norB efflux gene of S. aureus [43]. NorC is associated with low-level resistance to ciprofloxacin, moxifloxacin, garenoxacin, and the dye rhodamine. The Nor efflux pumps (NorA, NorB, NorC) are regulated by the global regulator MgrA. MgrA acts as a positive regulator for norA gene expression but a negative regulator of norB and norC gene expression (Table 1) [62, 63]. This differential regulation of Nor efflux pumps by MarA enables the bacterium to modulate its efflux pump expression in response to diverse environmental stressors and antimicrobial agents. thereby optimizing its survival and resistance strategies.

The MdeA efflux pump is a 479 amino-acid protein with 14 transmembrane segments shared similarities with LmrB of *B. subtilis* (24%), EmrB of *E. coli* (24%), and QacA of *S. aureus* (23%) [46]. It confers resistance to biocides like benzalkonium chloride, dequalinium, and tetraphenylphosphonium, and dyes like ethidium bromide, and antibiotics such as virginiamycin, novobiocin, mupirocin, and fusidic acid [46, 61].

SdrM is a 447-amino-acid protein with 14 transmembrane segments, shows 23% similarity with NorB and 21% similarity with the QacA protein. The SdrM transporter confers resistance to antimicrobials like norfloxacin and dyes such as acriflavine and ethidium bromide.

The lincomycin resistance protein LmrS from *S. aureus* is 480 amino acids long with 14 putative membrane-spanning domains. It shows similarity with ImrB from *B. subtilis* (39%), *farB* from *Neisseria gonorrhoeae* (25%), and *emrS* from *E. coli* (3%). Antibiotics such as linezolid, tetraphenylphosphonium chloride, sodium dodecyl sulphate, trimethoprim, and chloramphenicol are less likely to be removed by LmrS efflux pump (Table 1) [48].

QacA and QacB are 514-amino-acid proteins with 14 transmembrane segments [64]. QacA mediates resistance to antimicrobials such as ethidium bromide and rhodamine,

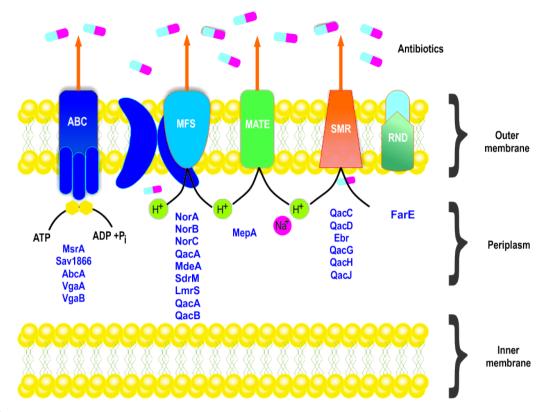


FiGURE 1 • Known classes of multidrug efflux pumps in *S. aureus*. Multidrug efflux pumps identified in *S. aureus* are categorized into five families of membrane proteins: ATP binding cassette (ABC) superfamily, major facilitator superfamily (MFS), multidrug and toxin extrusion (MATE) family, small multidrug resistance (SMR) family and FarE, a resistance -nodulation division (RND) type efflux pumps.

quaternary ammonium compounds like benzalkonium chloride, tetraphenylphosphonium, and dequalinium, diamidines such as pentamine and DAPI, biguanides like chlorhexidine, and guanyl hydrazones [49, 52]. On the other hand, plasmidencoded QacB pump provides protection against monovalent lipophilic cations [64].

S. aureus TetA(K) and Tet38 efflux pumps mediate high levels of tetracycline resistance [65]. The TetA(K) efflux gene is plasmid-encoded, functioning as a Na+(K+)/H+antiporter comprising 459 amino acids and 14 transmembrane regions [66]. Antibiotics such as tetracycline, oxytetracycline, and chlortetracycline are rendered ineffective by TetK, but to a lesser extent to minocycline, doxycycline, and 6-methyl-6deoxytetracycline. Bacteria equipped with the TetK efflux pump are also resistant to extrinsic stimuli such as sodium stress, alkali stress, and potassium deficiency stress [67]. Like the NorB efflux pump, TetK contributes to S. aureus colonisation on mouse skin and survival during abscess development [68]. Chromosomally encoded Tet38 with 450 amino acids and 14 transmembrane domains [68, 69] shares 46% similarity with S. aureus tetK and 45% similarity with B. subtilis tetA [70]. Tet38 is negatively regulated by MgrA, which confers resistance to quinolones and tetracyclines [71]. Studies have shown that Tet38 also plays a role in S. aureus internalization into host cells through interaction with the CD36 receptor [72], suggesting its potential role in biofilm formation and host-pathogen interactions.

Another MFS efflux pump, SepA, comprising 157 amino acids is also encoded by the *S. aureus* genome. It confers low-scale resistance to antiseptics such as benzalkonium

chloride, chlorhexidine gluconate, and chromosomal-encoded dye acriflavine (Table 1) [54].

The SMR transporters are episome encoded [36] comprised of 110 amino acids and possess four transmembrane helices [73]. The SMR transporters include QacC (QacD, Ebr, or Smr), QacG, QacH, and QacJ. Despite differences in amino acid sequences, Smr and QacG/H/J have similar substrate specificities [36]. This efflux pump confers resistance to quaternary ammonium compounds, such as benzalkonium chloride, and monovalent cationic dyes, such as ethidium bromide [74].

The MATE family member MepA efflux pump consists of 452-amino-acid protein having twelve transmembrane regions and is located on chromosome 2. It shares 26% identity with MATE transporters belonging to other organisms: CdeA from *Clostridium difficile* and NorM from *Vibrio parahaemolyticus* [75].

MepA is associated with a multidrug-resistant phenotype in clinical *S. aureus* strains, providing minimal resistance against ethidium bromide, chlorhexidine, pentamidine, tetraphenylphosphonium, quaternary ammonium compounds, fluoroquinolones (ciprofloxacin, norfloxacin), benzalkonium chloride, cetrimide, dequalinium, tetraphenylphosphonium, chloroquine, and tigecycline [40, 76-78]. The *mepA* gene is controlled by MepR, which belongs to the MarR family of transcriptional repressors [39, 79].

S. aureus possess two chromosomally encoded ABC transporter, Sav1866 and abc. These transporters are single polypeptides possessing transmembrane and nucleotide-

Efflux pump family	Gene	Gene location	Regulator	Substrate	Reference
SMR	Smr (QacC, QacD, Ebr) QacG, QacH QacJ	Plasmid	Not known	Benzalkonium Chloride, Cetrimide, Chlorhexidine Diacetate, Ethidium Bromide, Proflavine, Cetyltrymethylammonium	[35-38]
MATE	МерА	Chromosome	MepR	Ciprofloxacin, Norfloxacin, Moxifloxacin Sparfloxacin Tigecycline, Pentamidine, Cetrimide, Benzalkonium Chloride, Dequalinium Tetraphenylphosphonium, Chlorhexidine, Ethidium Bromide, Acriflavine, Crystal Violet, Hoechst 33342, 4-6-Diamidino-2-Phenylindole	[39-42]
MFS	NorA, NorB, NorC	Chromosome	MgrA, NorG	Hydrophilic Fluoroquinolones (Ciprofloxacin, Norfloxacin, Dparofloxacin, Gemifloxacin, Premafloxacin), Qacs (Tetraphenyl Phosphonium, Benzalkonium Chloride), Cetrimide, Tetraphenyl Ammonium, Dyes (E.G. Ethidium Bromide, Rhodamine)	[43-54]
	MdeA	Chromosome	Not known	Virginiamycin, Novobiocin, Mupirocin, Fusidic Acid, Doxorubicin, Daunorubicin, Benzalkonium Chloride, Tetraphenylphosphonium, Ethidium Bromide, Hoechst 33342	
	SdrM LmrS	Chromosome Chromosome	Not known Not known	Norfloxacin, Acriflavine, Ethidium Bromide Linezolid, Chloramphenicol, Florfenicol, Thrimethoprim Erythromycin, Kanamycin, Fusidic Acid, Lincomycin, Streptomycin Tetraphenylphosphonium, Ethidum Bromide	-
	QacA/B	Plasmid	QacR	Pentamidine, Benzalkonium Chloride, Cetrimide, Chlorhexidine, Ethidium Bromide (Over 30 Mono And Divalent Cations). Benzalkonium Chloride, Tetraphenylphosphonium, Ethidium Bromide, Acriflavine, Rhodamine	-
	TetA (K) Tet38 SepA	Plasmid Chromosome	TetR MgrA Not known	Tetracycline, Omadacycline, Amino Methylcycline, Tunicamycin, Fosfomycin, Fatty Acids Benzalkonium Chloride, Chlorhexidine Gluconate, Dye	-
	·			Acriflavine	
ABC	Sav1866 AbcA	Chromosome	Not known SarA	Doxorubicin, Vinblastine, Ethidium Bromide, Hoechst 33342, Oxacillin, Imipenem, Nafcillin, Penicillin G, Methicillin, Cefotaxime, Moenomycin Tetraphenylphosphonium, Rhodamine, Ethidium Bromide	[44, 55- 61]
	MsrA, VgaA Vga(A) LC VgaB	Plasmid	SarZ MgrA NorG Not known	Erythromycin, Macrolides, Type B Streptogramins; Type A Streptogramin. Lincomycin, Clindamycin; Type A Streptogramin	-

TABLE 1 🔴	Multidrug resistantefflux pumps reported in S. aureus.
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binding domains that, upon dimerization, produce a functional transporter. The crystal structure of Sav1866 has been identified [55]. Functional studies have shown that Sav1866 can transport diverse substrates such as ethidium bromide, Hoechst 33342, tetraphenylphosphonium, verapamil and vinblastine [56]. The other plasmid encoded ABC transporter belonging to the MsrA efflux pumps and possessing a single-nucleotide-binding-domain may interact with other transmembrane proteins [59] . In addition, the Vga proteins are also expressed by genes present on plasmids with a ATP-binding-domain (ABD) transporters (**Table 1, Figure 2**) [80, 81].

The role of efflux pumps is widely known in antibiotic resistance, however, they regulate the internal environment by extruding toxic substances, biofilm formation molecules, quorum sensing molecules and virulence factors (Figure 2) [13]. This multifaceted role of efflux pumps underscores their importance not only in antibiotic resistance but also in the overall pathogenicity and survival strategies of *S. aureus*.

BIOFILM FORMATION IN S. AUREUS

Biofilms are complex, sessile microbial communities encased in a self-produced extracellular polymeric substance (EPS) that

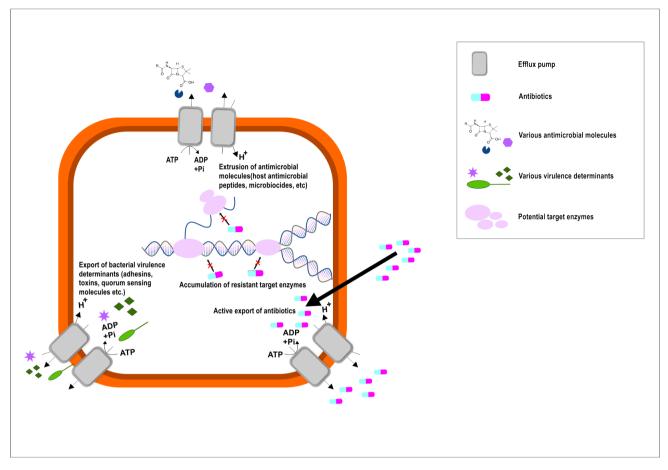


FIGURE 2 • Intrinsic and antibiotic induced implications of bacterial efflux pumps. Bacterial efflux pumps function by (1) increasing bacterial pathogenicity by extruding antibiotical molecules produced from the host and secreting bacterial virulence factor, (2) reducing antibiotic efficacy by pumping them out of the bacteria, thus lowering intracellular concentration of antibiotics, which can increase development of further resistance.

adheres to surfaces and forms aggregates [82]. The EPS, comprised of polysaccharides, proteins and nucleic acids, constitutes up to 90% of the biofilm's dry weight and provides the immediate environment for the microorganisms to form a biofilm [83, 84]. The interaction between EPS and bacterial aggregates confers cohesion and viscoelasticity to the biofilm structure [85].

Like most of the bacterial species, *S. aureus* possesses similar stages of biofilm development, namely, attachment, accumulation, and detachment [86]. During the attachment stage, *S. aureus* initiates biofilm formation through the adhesion of planktonic cells to natural or biomaterial surfaces. This event is mediated through the organization of microbial surface components recognizing adhesive matrix molecules (MSCRAMMs). The major components of MSCRAMM includes fibronectin-binding proteins (FnbA and FnbB) [87], clumping factors such as ClfA, ClfB [88], and serine-aspartate repeat family proteins such as SdrC, SdrD and SdrE [89].

Following initial attachment, bacterial cells proliferate and begin to produce EPS in response to environmental cues [90]. During the aggregation stage, bacteria form biofilms by recognizing environmental signals that stimulate intracellular signal molecules and regulatory networks which leads to the proliferation and thickening of the biofilm [91]. Thus, a compact three-dimensional mushroom like structure of the formed biofilm is encased in a extracellular matrix which provides resistance against human immune system and antibiotics [92].

As the biofilm matures, dispersal of the biofilm is triggered leading to the release of cells from the biofilm [93]. This stage is important for colonization of new surfaces, dissemination of infection and continuation of the biofilm life cycle (Figure 3).

BIOFILM FORMATION AND EFFLUX MEDIATED ANTIBIOTIC RESISTANCE

Despite being susceptible to antibiotics, bacteria have an inherent capacity to survive, which occurs by forming a sessile community called biofilms [94]. The role of efflux pumps in biofilms is known to be functioning through excretion of extracellular matrix molecules and quorum sensing molecules that mediate biofilm formation, in addition to effluxing the harmful molecules and influencing the surface adhesion [13]. The expression of efflux genes in *S. aureus* biofilms has been the determining factor for efflux pump mediated resistance. A study reported that the expression of several efflux and transporter genes was altered during biofilm growth compared to exponential and stationary phase cells [95]. A comparative transcriptomic study on *S. aureus* cells under planktonic and biofilm conditions showed that the expression of transporter genes was higher in biofilms than in planktonic cells [96]. Of the

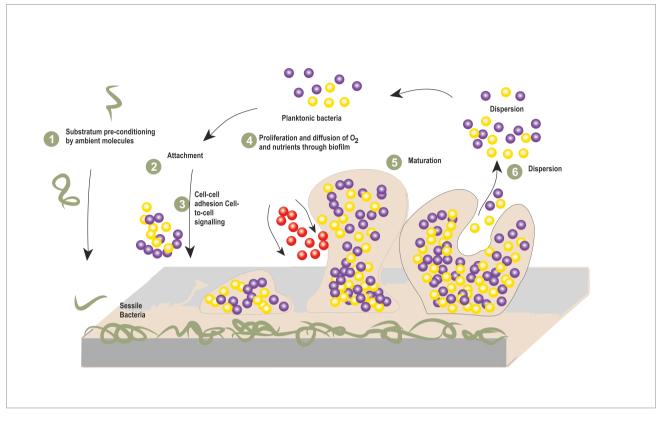


FIGURE 3 Steps involved in biofilm formation of *S. aureus*.

MFS transporters mdeA, norB, and norC, which are upregulated in S. aureus biofilms, norB and norC pumps extrude cetrimide, ethidium bromide, quinolones, and tetraphenylphosphonium and the mdeA efflux pump exports a range of quaternary ammonium compounds and antibiotics [46, 97]. These observations thus suggest that norB gene expression is upregulated in response to acid shock but reduced under other conditions, thus suggesting that it may be involved in maintaining low pH in the biofilm [75]. Also, the norB gene functions to ensure that biofilm cells are protected from the toxic effects of organic acids produced during anaerobic respiration [98]. Studies demonstrated that MgrA, a pleiotropic regulator of S. aureus, acts as a negative regulator for the norB and *norC* efflux gene, repressing the biofilm formation and thus establishing a link between efflux pump and biofilm formation in S. aureus [71]. Moreover, a hypothetical gene showing characteristics of the MFS family was identified in an insertional mutant library in a high biofilm-forming clinical isolate of S. aureus, which, when disrupted, led to a defective biofilm [99]. Although several efflux pumps have been described, most of the studies explain the role of MFS type efflux pumps in biofilm formation of S. aureus. However, the exact mechanism of efflux pumps in mediating antibiotic resistance in biofilms, the role of non-MFS efflux pump families in biofilm formation and maintenances and the potential of targeting efflux pumps as a strategy to combat biofilm-associated infections remains elusive in S. aureus.

EFFLUX PUMPS INHIBITORS

The emergence of antimicrobial resistance among clinical strains of *S. aureus* has necessitated the development of

novel therapeutic strategies. Efflux pump inhibitors (EPIs) have emerged as a promising approach to combat antibiotic resistance. EPIs function by blocking the extrusion of antibiotics, thereby restoring antimicrobial susceptibility and enhancing the clinical efficacy of the existing antibiotics [100].

Traditional EPIs, such as thioridazine and $PA\beta N$, have been found to reduce the biofilm formation in biofilm-forming strains of S. aureus. CCCP, a broad-spectrum efflux inhibitor, is effective against efflux pumps requiring proton motive force for their function [101]. CCCP has a permeabilizing effect on membranes affecting various cellular processes within bacterial cells, including cell division and metabolism. CCCP has been found to reduce biofilm formation under both static and flow conditions in S. aureus [19]. Interestingly, NMP (1-(1-Napthylmethyl)-piperazine) was found to be ineffective against S. aureus, highlighting the specificity of certain inhibitors. The role of phenothiazines, e.g. thioridazine, in biofilm reduction remains unclear. Studies have shown no effect on the expression levels of the norA and abcA efflux genes in S. aureus, suggesting that their anti-biofilm activity may occur through alternative mechanisms.

Apart from traditional EPIs, several plant products have been shown to act as efflux pump inhibitors [102]. A compound namely 4', 5'-O-dicaffeoylquinic acid isolated from the plant *Artemisia absinthium* has been shown to be effective against MFS efflux pumps in *S. aureus*, exhibiting its potential as EPI and an anti-biofilm agent [103]. Additionally, thymoquinone showed impairment of the NorA efflux pump activity in multidrug resistant S. aureus [104].

Indeed, it is evident that EPIs can be utilized as antibiofilm agents and can be used in conjunction with antibiotics to overcome antibiotic resistance. Till now, no EPI has been approved for clinical use due to their toxicity and their effectiveness at high concentrations.

CONCLUSION AND PERSPECTIVES

S. aureus remains as the leading human pathogen causing infections in hospital and community settings. Efflux pumpmediated antibiotic resistance is the clinical problem rendering current antibiotics ineffective in eradicating biofilm-associated infections. The prevalence of efflux pumps poses a significant challenge in the treatment of *S. aureus* biofilm-related infections, necessitating the development of alternative therapeutic strategies that target both the biofilm matrix and efflux pump activity.

Understanding the interplay between efflux pumps and biofilm formation sheds light on the complexity of *S. aureus* resistance mechanisms. Combating biofilm-related infections requires a multifaceted approach that considers not only the inhibition of efflux pumps but also the strategies targeting key components of the biofilm matrix, such as polysaccharide intercellular adhesion (PIA).

The accessory gen regulator (agr) is a key of element of quorum sensing system that controls the cell density and expression of genes in *S. aureus.* agr regulates many traits like virulence factor, biofilm formation and protects them from oxidative stress. Inhibiting the agr quorum sensing system may prevent biofilm dispersal and the spread of infection. Other potential strategies include use of quorum sensing inhibitors, enzymes that degrade extracellular matrix components such as DNase or dispersin B, phage therapies using bacteriophages that can penetrate biofilm and combinatorial approaches using anti-biofilm agents with antibiotics.

Additionally, continuous research into the genetic and molecular mechanisms underlying efflux pump-mediated resistance will provide valuable insights for the development of novel antimicrobial agents and therapeutic interventions.

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CONFLICT OF INTEREST

Authors declare that they have read the contents of the paper and do not have any competing interests.

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