

# Hepatocellular carcinoma: Novel understandings and therapeutic strategies based on bile acids (Review)

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**Abstract.** Bile acids (BAs) are the major components of bile and products of cholesterol metabolism. Cholesterol is

catalyzed by a variety of enzymes in the liver to form primary BAs, which are excreted into the intestine with bile, and secondary BAs are formed under the modification of the gut microbiota. Most of the BAs return to the liver via the portal vein, completing the process of enterohepatic circulation. BAs have an important role in the development of hepatocellular carcinoma (HCC), which may participate in the progression of HCC by recognizing receptors such as farnesoid X receptor (FXR) and mediating multiple downstream pathways. Certain BAs, such as ursodeoxycholic acid and obeticholic acid, were indicated to be able to delay liver injury and HCC progression. In the present review, the structure and function of BAs were introduced and the metabolism of BAs and the process of enterohepatic circulation were outlined. Furthermore, the mechanisms by which BAs participate in the development of HCC were summarized and possible strategies for targeting BAs and key sites of their metabolic processes to treat HCC were suggested.

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*Abbreviations:* HCC, hepatocellular carcinoma; FXR, farnesoid X receptor; UDCA, ursodeoxycholic acid; NAFLD, non-alcoholic fatty liver disease; NASH, nonalcoholic steatohepatitis; BAs, bile acids; CA, cholic acid; CDCA, chenodeoxycholic acid; DCA, deoxycholic acid; LCA, lithocholic acid; MCA, muricholic acid; ER, endoplasmic reticulum; CYP, cytochrome P450; HSD3B7, 3 $\beta$ -hydroxy-5-C27-steroid dehydrogenase; C4, 7 $\alpha$ -hydroxy-4-cholesten-3-one; AKR1D1, aldo-keto reductase family 1 member D1; THCA, 3 $\alpha,7\alpha,12\alpha$ -trihydroxy-5 $\beta$  cholestanic acid; DHCA, 3 $\alpha,7\alpha$ -dihydroxy-5 $\beta$  cholestanic acid; BACS, BA-Co-A synthase; VLCS, very long-chain Co-A synthase; BAAT, bile acid-CoA, amino acid N-acyltransferase; BSH, bile acid hydrolase; BSEP, bile salt export pump; MRP2, multidrug resistance-associated protein 2; ASBT, apical sodium-dependent bile acid transporter; IBABP, intestinal bile acid binding protein; OST, organic solute transporter; NTCP, sodium-taurocholate co-transporting polypeptide; OATP, organic anion transporting polypeptide; TGR5, Takeda G protein-coupled receptor 5; DEN, diethylnitrosamine; NF- $\kappa$ B, nuclear factor kappa-B; FGF, fibroblast growth factor; FGFR4, fibroblast growth factor receptor 4; SOX18, SRY-related high-mobility group box 18; EMT, epithelial to mesenchymal transition; SOCS3, suppressor of cytokine signaling 3; NDRG2, N-myc downstream-regulated gene 2; miR-122, microRNA-122; GLP-1, glucagon-like peptide 1;  $\alpha$ 7-nAChR,  $\alpha$ 7-nicotinic acetylcholine receptor; ROS, reactive oxygen species; MAFG, MAF bZIP transcription factor G; YAP, Yes-associated protein; p110 $\gamma$ , PI3K Class I isoforms  $\gamma$ ; PKC, protein kinase C; COX, cyclooxygenase; LSECs, liver sinusoidal endothelial cells; CXCR, C-X-C motif chemokine receptor type; HSC, hepatic stellate cell; SASP, senescence-associated secretory phenotype; OCA, obeticholic acid; DHA, dihydroartemisinin; AuNPs, gold nanoparticles; PEG, polyethylene glycol

*Key words:* bile acid, farnesoid x receptor, hepatocellular carcinoma, enterohepatic circulation, ursodeoxycholic acid, obeticholic acid

## Contents

1. Introduction
2. Bile acids (BAs)
3. BAs and HCC
4. Conclusions

## 1. Introduction

Liver cancer is a common malignancy. In recent years, the incidence rate and mortality rate of liver cancer have been rising. Primary liver cancer was the sixth most commonly diagnosed cancer type and the third leading cause of cancer-associated death in the world in 2020 (1). Primary liver cancer includes hepatocellular carcinoma (HCC) and intrahepatic cholangiocarcinoma, as well as other rare types; HCC accounts for 75-85% of cases (1). Risk factors for HCC include chronic hepatitis B and C, alcohol addiction, metabolic liver disease [particularly non-alcoholic fatty liver disease (NAFLD)] and

exposure to dietary toxins, such as aflatoxin and carmine acid (2). Liver cancer is an advanced outcome of a range of liver diseases. NAFLD and non-alcoholic steatohepatitis (NASH) are increasingly recognized as important underlying causes of HCC (3). Genetic predisposition, interactions between viral and nonviral risk factors, the cellular microenvironment and various immune cells, as well as the severity of an underlying chronic liver disease, among others, are at the origin of the early steps in the malignant transformation of hepatocytes and development of HCC, whereas an altered microenvironment is a key contributing feature of cancer and is involved in all stages of malignant progression (4).

Bile acids (BAs) are attracting increasing attention from researchers and this field has developed rapidly. Hepatic accumulation of BAs is central to the pathogenesis of cholestasis-induced liver injury and excessive cytotoxic BAs in the liver may lead to liver fibrosis and cirrhosis, and even liver cancer (5). The interest in the role of BAs in HCC has increased and there is increasing evidence that BAs have a role in HCC. In the present review, the biosynthesis, metabolism and transport of BAs are presented and the mechanistic links between BAs and HCC, as well as the opportunities of targeting BAs for the prevention or treatment of HCC are discussed.

## 2. BAs

The human understanding of BAs dates back to nearly 3,000 years ago, when animal bile was widely used in Traditional Chinese Medicine (6). Since the 19th century, BAs have become the subject of detailed research by scientists (6). BAs, the main lipid components of bile, are a general term for a class of cholanic acids that are converted from cholesterol in hepatocytes through a series of enzymatic reactions (7). In general, BAs have steroid cores and four fused hydrocarbon rings with polar hydroxyl functional groups. Three hydroxyl and carboxyl groups face one side of the carbon skeleton, forming a hydrophilic surface, in contrast to a highly hydrophobic surface (7) (Fig. 1). Thus, BAs are amphipathic molecules with powerful detergent properties.

According to the source of BAs, they may be divided into primary BAs and secondary BAs. In hepatocytes, BAs synthesized directly from cholesterol are called primary BAs, which include cholic acid (CA) and chenodeoxycholic acid (CDCA). After primary BA synthesis, most BAs bind to glycine or taurine, changing from a free form to a binding form; BAs form sodium salts at physiological pH values, which increases their solubility (8). Primary BAs enter the intestine and are converted to secondary BAs, mainly deoxycholic acid (DCA) and trace amounts of lithocholic acid (LCA), through the enzymatic activity of intestinal bacteria (7). These total BAs circulate in the enterohepatic circulation of the human body, including those in the liver (<1%), intestine (85-90%) and gallbladder (10-15%), constituting the BA pool (9). The human BA pool consists of CA (40%), CDCA (40%) and DCA (20%), in which the ratio of glycine (G)-/taurine (T)-conjugated BAs is 3:1, and the BA pool has high hydrophobicity (9). Due to the different kinds of enzymes and metabolic pathways, the BAs in mice have other types in addition to those mentioned above, mainly muricholic acids (MCAs) (9).

*BA synthesis.* The synthesis and secretion of BAs are the main pathways of cholesterol catabolism in the human body. Cholesterol is eventually converted into water-soluble and easily excreted BAs. BA formation is complex, including several reaction steps catalyzed by at least 17 different enzymes, one or more transporters and multiple cellular compartments, which include the cytosol, endoplasmic reticulum (ER), mitochondria and peroxisomes (6). BA synthesis occurs in the liver, which is the only organ that possesses all the enzymes required for BA synthesis (9). BA synthesis is divided into the classical and the alternative pathway, which are initiated by the microsomal cytochrome P450 (CYP) enzymes cholesterol 7 $\alpha$ -hydroxylase (CYP7A1) and mitochondrial sterol 27-hydroxylase (CYP27A1), respectively (Fig. 2). In humans, the classical pathway of BA synthesis accounts for at least 75% of total BA production and is considered to be the main pathway of BA biosynthesis (10). Primary BAs are amino-conjugated at the carboxyl group, with a ratio of glycine to taurine conjugates of approximately 3:1 (11). BAs may also bind to sulfate or glucuronic acid to form fully ionized, negatively charged hydrophilic polar molecules, and these bound forms of BAs subsequently discharge into the intestine with bile. The step of binding BAs to amino acids is markedly efficient and >98% of the BAs secreted into bile are in taurine- or glycine-conjugated forms (6). In the intestine, the bound form of primary BAs undergoes dissociation and dehydroxylation to produce secondary BAs. The primary BAs synthesized in the liver of mice also include  $\alpha$ MCA and  $\beta$ MCA, and  $\omega$ MCA may be produced by gut microbial 7 $\alpha$ / $\beta$ -epimerization in the intestine of mice (10).

*Enterohepatic circulation.* The enterohepatic circulation of BAs refers to the system in which BAs are synthesized by the liver, discharged into the intestine with bile and then reabsorbed in the intestine and returned to the liver via the portal vein. BAs are synthesized in the liver and secreted by the canalicular membrane transporters, of which the most important is the bile salt export pump [BSEP/ATP binding cassette (ABC) subfamily B member 11] (12,13). In addition, BAs conjugated with sulfate or glucuronic acid become dianionic compounds and may be transported by multidrug resistance-associated protein 2 (MRP2) on the canalicular membrane (14). In addition, MRP3 and MRP4, located on the basolateral side of hepatocytes, are considered compensatory BA efflux transporters and they mainly act when bile excretion by BSEP is impaired (15).

BAs are stored in the gallbladder and released into the intestine after a meal. In the small intestine, a small proportion of free BAs are reabsorbed into intestinal epithelial cells via passive diffusion in the small intestine and colon (16). However, the majority of conjugated BAs can hardly be absorbed in the proximal small intestine, and at the end of the ileum, they are mainly actively and effectively reabsorbed into intestinal epithelial cells by the apical sodium-dependent BA transporter [ASBT/solute carrier family 10 member 2 (SLC10A2)] of the apical membrane (16). Subsequently, BAs bind to intestinal BA binding protein and are transported to the basement membrane for secretion (17). Although the absorption of BAs in the terminal ileum is effective, certain

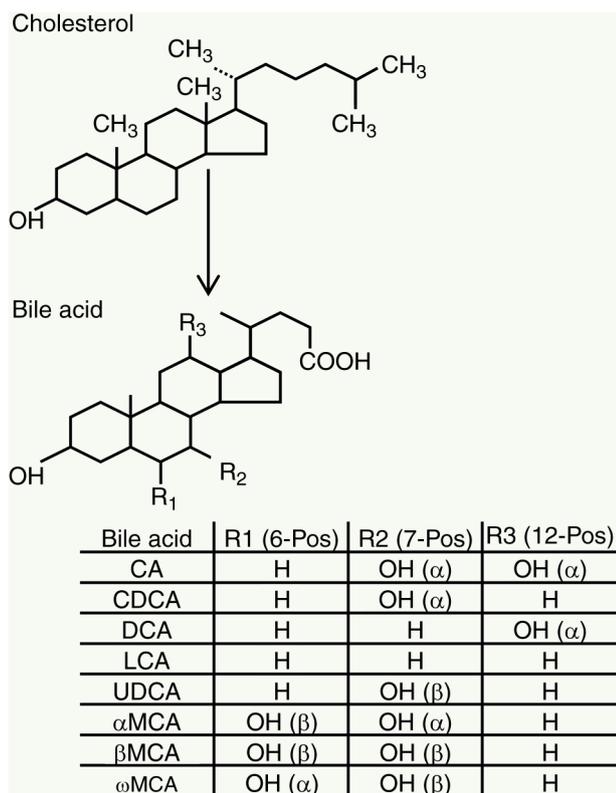


Figure 1. Structure of cholesterol and bile acids [refs. (6-8)]. CA, cholic acid; UDCA, ursodeoxycholic acid; CDCA, chenodeoxycholic acid; DCA, deoxycholic acid; LCA, lithocholic acid; MCA, muricholic acid.

molecules escape and reach the large intestine. BAs entering the colon undergo modifications to produce secondary BAs. BAs in the small and large intestine may be reabsorbed by the heterodimer organic solute transporter  $\alpha/\beta$  at the terminal lumen of the basement membrane and transported back to the liver (18). A small number of BAs that escape absorption may pass into the colon to be eliminated in the feces.

The last step in the enterohepatic circulation is the absorption of BAs from the portal vein by hepatocytes through transporters. Sodium-taurocholate co-transporting polypeptide (NTCP/SLC10A1) and organic anion transporting polypeptides are the main transporters involved in this process (12). Hepatocytes reprocess BAs and secrete them along with the bile to complete enterohepatic circulation. BAs that are not re-ingested by hepatocytes spread to the systemic circulation and may eventually be excreted through the kidney (19) (Fig. 3).

The enterohepatic circulation of BAs occurs 6-8 times a day on average to maintain a constant BA pool size (~3 g) (20,21). The enterohepatic circulation of BAs is highly efficient, with ~95% of the BAs reabsorbed in the ileum and only 5% of the BAs being lost in the feces (22,23). The full elucidation of BA synthesis and transport regulators in the enterohepatic circulation may provide potential targets for drug treatment of cholestatic liver diseases (20).

**Functions of BA.** BAs have a variety of physiological roles, the most important of which is to promote the digestion and absorption of lipids (11). BA molecules have hydrophilic

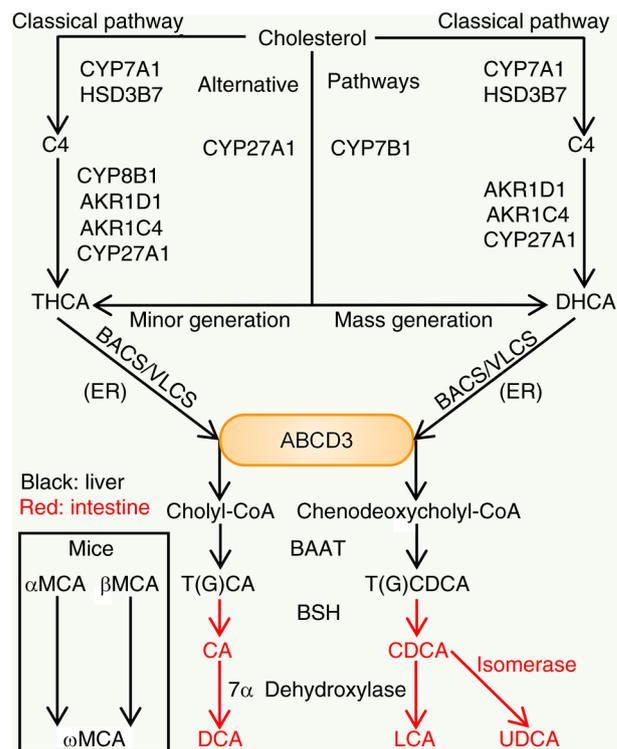


Figure 2. Processes of BA synthesis. In the liver, the classical pathway is initiated by CYP7A1, the rate-limiting enzyme. CYP7A1 and HSD3B7 are able to convert cholesterol to form C4. CYP8B1 performs 12 $\alpha$ -hydroxylation of C4. Subsequently, under the catalysis of AKR1D1, AKR1C4 and CYP27A1, THCA is generated. However, without 12 $\alpha$ -hydroxylation, C4 is converted to DHCA. BACS or VLCS in the ER then ligate Co-A to the carboxyl groups. After transport by peroxisomal transporter ABCD3 and catalysis by a series of enzymes, THCA and DHCA synthesize choly-CoA and chenodeoxycholy-CoA. These two substances are then conjugated to taurine or glycine by BAAT. The alternative pathway is mainly initiated by CYP27A1. Next, through CYP7B1 and other enzymes that belong to CYP proteins, cholesterol is being subjected to modifications to finally generate CDCA and a small amount of CA. Certain conjugated forms of BAs entering the intestine may be dissociated by BSH and bacterial 7 $\alpha$  dehydroxylase may then convert CA and CDCA into DCA and LCA, respectively. CDCA may also be isomerized to UDCA. In mice, the generation of MCA was observed in addition to the above synthetic processes [Refs. (6-8,12)]. BA, bile acid; BSH, BA hydrolase; HSD3B7, 3 $\beta$ -hydroxy-5-C27-steroid dehydrogenase; C4, 7 $\alpha$ -hydroxy-4-cholesten-3-one; CYP, cytochrome P450; CYP8B1, sterol 12 $\alpha$ -hydroxylase; CYP7B1, nonspecific oxysterol 7 $\alpha$ -hydroxylase; AKR1D1, aldo-keto reductase family 1 member D1; BAAT, BA-CoA:amino acid N-acyltransferase; THCA, 3 $\alpha$ ,7 $\alpha$ ,12 $\alpha$ -trihydroxy-5 $\beta$  cholestanic acid; DHCA, 3 $\alpha$ ,7 $\alpha$ -dihydroxy-5 $\beta$  cholestanic acid; BACS, BA-Co-A synthase; VLCS, very long-chain Co-A synthase; ER, endoplasmic reticulum; CA, cholic acid; CDCA, chenodeoxycholic acid; UDCA, ursodeoxycholic acid; DCA, deoxycholic acid; LCA, lithocholic acid; MCA, muricholic acid; ABCD3, ATP binding cassette subfamily D member 3.

and hydrophobic sides in their configuration, which endows them with strong interfacial activity to reduce the surface tension between oil and water phases and promote lipid emulsification. At the same time, BAs enlarge the contact surface between lipids and lipase and accelerate the digestion of lipids (11,24). BAs may also inhibit the precipitation of cholesterol in bile and prevent the formation of cholesterol stones. Cholesterol is poorly soluble in water and must be incorporated into lecithin-bile salts to be transported through the biliary tract into the small intestine without precipitation (25).

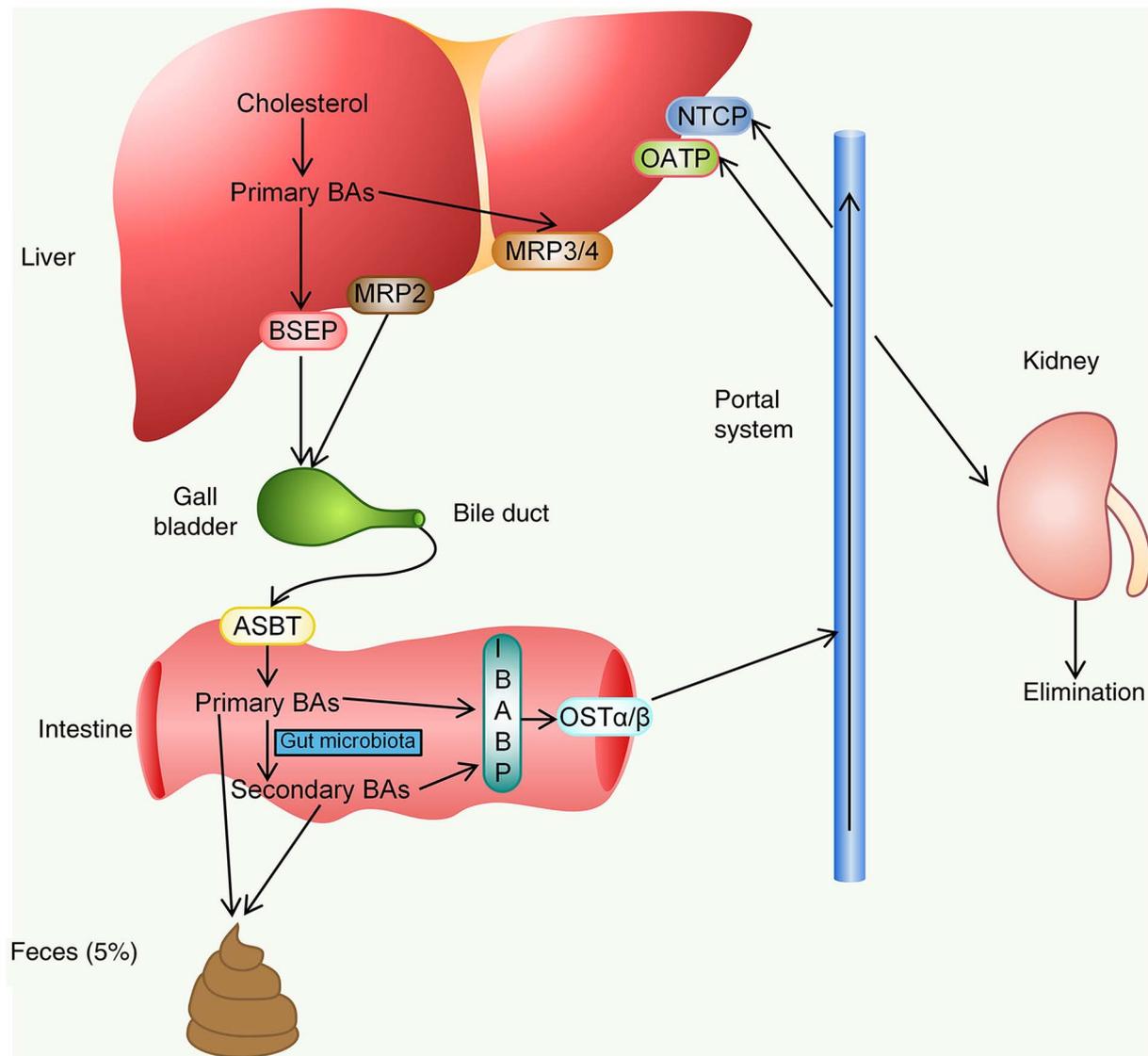


Figure 3. Enterohepatic circulation of BAs. BA, bile acid; BSEP, bile salt export pump; MRP2, multidrug resistance-associated protein 2; ASBT, apical sodium-dependent BA transporter; IBABP, intestinal BA binding protein; OST, organic solute transporter; NTCP, sodium-taurocholate co-transporting polypeptide; OATP, organic anion transporting polypeptide.

BAs recognize a variety of receptors and mediate downstream signals. The main BA-mediated nuclear receptors are farnesoid X receptor (FXR), pregnane X receptor and vitamin D receptor. FXR, the first identified BA receptor, is essentially a BA-binding transcription factor that functions by triggering transcriptional changes (26). FXR is mainly expressed in the intestine and liver, and the order of binding potency of BAs to FXR is CDCA>LCA=DCA>CA (27,28). Furthermore, the binding activity is different under different physiological conditions. FXR signaling may have multiple physiological roles, such as negatively feedback-regulating BA synthesis, regulating BA transport and regulating energy metabolism and immune responses (29). In terms of cell membrane receptors, BAs mainly recognize Takeda G protein-coupled receptor 5 (TGR5, also known as GPBAR1) (30). In addition to TGR5, BA-activated G-protein-coupled receptors also include sphingosine-1-phosphate receptor 2 (31). Studies have indicated that TGR5 is highly expressed in liver cells other than hepatocytes, including Kupffer cells and cholangiocytes, and in gallbladder epithelial

cells and immune cells (32). TGR5 is being dose-dependently activated by BAs, with the following rank order of potency: LCA≥DCA>CDCA>CA (30). FXR and TGR5 are the two most important receptors for BA mediation, whose signals provide crosstalk between the intestine and the liver. BAs-FXR and BAs-TGR5 signals are widely involved in the pathogenesis of HCC. Therefore, the development of FXR and TGR5 modulators may provide therapeutic interventions for HCC.

### 3. BAs and HCC

*Relationship between alterations of BAs and HCC.* The delicate connection between BAs and HCC is gradually being confirmed experimentally. In particular, an imbalance between nontoxic hydrophilic BAs and toxic hydrophobic BAs occurs when BA transporter expression is downregulated for various reasons and the accumulation of toxic BAs drives HCC progression (33,34). A retrospective cohort study from 2004 to 2014 including 2,262 patients with chronic

hepatitis B on conventional antiviral therapy indicated that persistent elevation of serum total BAs was an independent risk factor for HCC (35). However, the result of another study was that conjugated primary BAs were significantly elevated, whereas the ratios of secondary BAs over primary BAs were significantly lower in HCC cases than in controls (36). The doubling ratio of taurine-over glycine-conjugated CDCA was significantly associated with a 40% increased risk of HCC, whereas the doubling ratio of secondary over primary BAs was associated with a 30-40% reduced risk of HCC (36). In addition, a weighted relative difference accumulation algorithm study suggested that patients with hepatitis and cirrhosis had increased serum levels of G-CDCA, G-CA and T-CA and decreased serum levels of CDCA (37). After 0.2% CA treatment, diethylnitrosamine (DEN)-induced liver tumors in mice increased by three-fold in number and size, and the mRNA levels of TNF- $\alpha$  and IL-1 $\beta$  were significantly increased (38). G-CDCA promotes the survival of HepG2 and QGY-7703 liver cancer cells by activating antiapoptotic genes such as Bcl-2; furthermore, G-CDCA was able to reduce the chemosensitivity of 5-fluorouracil to both cell lines (34). In addition, experiments in which C57BL/6J mice were fed a high-fat diet for 58 weeks demonstrated that long-term high-fat diet feeding induced liver tumors in mice, along with the observation of significantly increased T-CDCA, T-CA and G-CA in plasma and liver (39). T-CDCA treatment of HepG2 cells significantly increased cell proliferation and decreased the expression of CEBP $\alpha$  (CEBP $\alpha$  is a tumor suppressor protein) in HCC, which suggests that BAs alone may have a tumor-promoting effect (39). There is also an experimental finding that metabolites related to BA biosynthesis, such as glycochenodeoxycholic acid 3-sulfate, G-CA, G-DCA, T-CA and T-CDCA, are downregulated in patients with HCC compared to cirrhotic patients (40). All of these studies indicate the possibility that BAs may be dynamically altered all the way to the detriment of the organism in the course of HCC progression.

The effect of BAs on HCC is complex. For instance, in the case of CDCA, a study suggested that it promotes the growth of a variety of tumor cell lines (39). However, another study observed downregulation of CDCA levels in patients with HCC (40). In different experiments, contradictory results regarding the effect of certain BAs on HCC have been obtained, which may be due to the differences in samples, experimental methods and measurements selected by different research institutes. Future studies are required to have a better design, for instance, to control a specific BA as a variable and set up controls. It was indicated that gene knockout of key enzymes during BA synthesis (e.g., CYP7A1, CYP27A1) in mice was able to better qualitatively and quantitatively analyze the role of BAs in the pathogenesis of diseases (41). This method may also be applied to the study of HCC. However, it may be a better way to study the signaling pathways mediated by BAs and their metabolites in HCC, which may contribute to the future targeted treatment of BAs.

#### *Mechanisms by which BAs mediate HCC*

**FXR.** FXR is thought to be the most important receptor for BAs to mediate the development of HCC. The expression of

hepatic FXR may inhibit the occurrence of HCC through the following mechanisms: i) FXR maintains the normal liver metabolism of BAs, glucose and lipids; ii) FXR suppresses hepatic inflammation and promotes liver regeneration and repair after injury; iii) FXR protects liver cells from death and enhances cell survival; and iv) FXR may directly increase the expression of certain tumor-suppressor genes and repress the transcription of several oncogenes (42). Decreased FXR signaling leads to decreased liver transporter function, resulting in enhanced hepatic BA sequestration and persistent inflammation, which may promote HCC development. Liver tumors are observed in 90% of global FXR-null mice, but only 20% of liver-specific FXR-null mice develop spontaneous HCC (43). Sirtuin 1 is a transcriptional regulator of FXR, and under pathological conditions of cholestasis, it is downregulated by toxic BAs such as T-DCA, T-CA and DCA, resulting in the inhibition of FXR (44). In the course of liver injury, signals mediated by inflammatory factors such as TNF- $\alpha$  and NF- $\kappa$ B are also involved in the downregulation of FXR (45). FXR was indicated to bind directly to  $\beta$ -catenin, leading to reduced transcriptional activity in HCC (46). However, during HCC progression, Wnt/ $\beta$ -catenin signaling is enhanced and mRNAs of its target gene Myc are mainly found in the liver of FXR-null mice (43). T-CA was able to increase Myc expression in FXR-null hepatocytes and Myc has a crucial role in HCC development due to the induction of cell proliferation and migration (47).

Fibroblast growth factor 15/19 (FGF15/19) is also a target gene of FXR. Activation of the FGF15/19-fibroblast growth factor receptor 4 (FGFR4)-SRY-related high-mobility group box 18 pathway may directly promote epithelial to mesenchymal transition of HCC cells *in vitro* (29,48). FXR may also directly affect HCC cell proliferation by regulating several tumor suppressors downstream, such as suppressor of cytokine signaling 3 (SOCS3), N-myc downstream-regulated gene 2 and microRNA-122 (miR-122) (29) (Fig. 4). Therefore, when FXR is downregulated, the body's inhibitory effect on HCC is diminished.

**TGR5.** The secondary BAs DCA and LCA are the most potent natural ligands for TGR5 (49). TGR5 participates in the regulation of nutrient metabolism and energy consumption after activation. The induction of TGR5 in intestinal endocrine cells may promote the release of glucagon-like peptide 1 (GLP-1) (50). Certain studies have also indicated that this process may be initiated by FXR. FXR increases the production of LCA in the intestine, which activates TGR5 to stimulate the secretion of GLP-1 and improve glucose and lipid metabolism. The intestinal 'FXR-gut microbiota-TGR5-GLP-1' axis has a key role in mediating intestinal BA receptor signal transduction and regulating liver metabolism and homeostasis (51). The binding of BAs to TGR5 may also activate the cyclic adenosine monophosphate-protein kinase A signaling pathway and ultimately increase energy metabolism and oxygen consumption (52). TGR5 is also involved in immune regulation and inflammation. The high expression of TGR5 in monocytes and macrophages was indicated to decrease the phagocytic activity of these cells and inhibit the production of numerous proinflammatory cytokines induced by lipopolysaccharide,

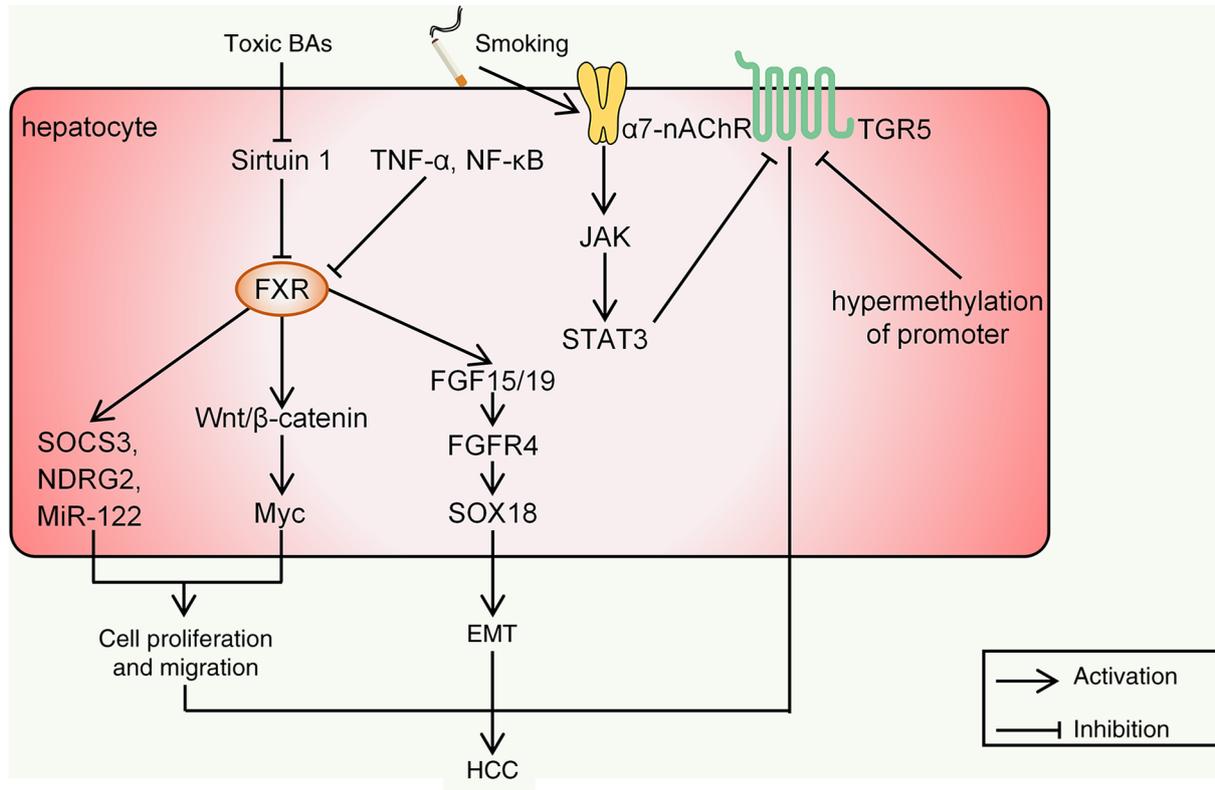


Figure 4. Intracellular signaling in HCC mediated by FXR and TGR5. BA, bile acid; HCC, hepatocellular carcinoma; EMT, epithelial to mesenchymal transition; FXR, FXR, farnesoid X receptor; SOCS3, suppressor of cytokine signaling 3; TGR5, Takeda G protein-coupled receptor 5; miR, microRNA; FGFR, fibroblast growth factor receptor; NDRG2, N-myc downstream-regulated gene 2;  $\alpha 7$ -nAChR,  $\alpha 7$ -nicotinic acetylcholine receptor.

such as TNF- $\alpha$ , IL-1, IL-6 and IL-8 (53). Most studies point to TGR5-dependent immunosuppression partly due to the suppression of the Toll-like receptor 4/NF- $\kappa$ B pathway (49). Since these inflammatory signals are closely related to HCC, the downregulation of TGR5 may be an important factor in the progression of HCC. A retrospective study indicated that activation of  $\alpha 7$ -nicotinic acetylcholine receptor in smoking patients with HCC promoted HCC metastasis and recurrence by regulating the JAK/STAT3 axis and TGR5 is down-regulated in this process (54). The abnormality of TGR5 was also indicated to be related to HCC. Another retrospective analysis suggested that hypermethylation of the TGR5 promoter occurred significantly more frequently in patients with HCC (48.13%) than in those with chronic hepatitis B (13.64%) and healthy controls (4.44%) (55). However, there remains a lack of *in vivo* and *in vitro* evidence on the direct link between TGR5 and HCC. Revealing the subtle role of TGR5 in the development of HCC may be a promising direction in the future.

**BA-mediated inflammation and injury in hepatocytes.** BAs mediate a variety of signals that lead to inflammation and hepatocyte injury. Key factors in these pathways include IL-6, STAT3, NF- $\kappa$ B, reactive oxygen species (ROS), MAF bZIP transcription factor G (MAFG), Yes-associated protein (YAP) and PI3K class I isoforms (p110 $\gamma$ ).

BAs may directly damage the plasma membrane and cause activation of protein kinase C, which activates the p38 MAPK pathway, leading to the activation of p53 and NF- $\kappa$ B. When this

activation is increased, the expression of several inflammatory factors, such as IL-6, is enhanced, ultimately leading to increased apoptosis and inflammation (45). Data from experiments investigating DEN-elicited-CA-induced tumors in mice suggest that BAs may promote liver tumors by increasing inflammatory signaling, ER stress and possibly the selective survival of tumor-initiating stem cells (38). Apoptotic cells, as a result of BAs, may trigger inflammation. IL-6 also activates the signal sensor and activator of the JAK-STAT3 pathway, leading to reduced apoptosis and progression of HCC (56). Another study suggested that the expression level of STAT3 was positively associated with chemoresistance of HCC cells. G-CDCA is able to stimulate the phosphorylation of STAT3 at the Ser727 site and mediate pSer727-STAT3 protein translocation and aggregation in the nucleus, which is important for cell survival (57). The study suggested that G-CDCA may activate STAT3 by phosphorylation at the Ser727 site via the MAPK-ERK1/2 pathway, which may contribute to the progression and chemoresistance of human liver cancer (57). Membrane perturbation by BAs may also activate phospholipase A2, resulting in the release of arachidonic acid from the cell membrane via cyclooxygenase and lipoxygenase, ultimately leading to increased levels of ROS in hepatocytes (45). ROS are substances that jointly act on these several pathways to produce their final effects. ROS may also directly activate NF- $\kappa$ B in a feedback manner, inducing direct DNA damage in cells and the occurrence of HCC (58).

It has been experimentally evidenced that MAFG is induced in human HCC and its upregulation correlates with unfavorable prognosis in HCC. It was demonstrated that LCA,

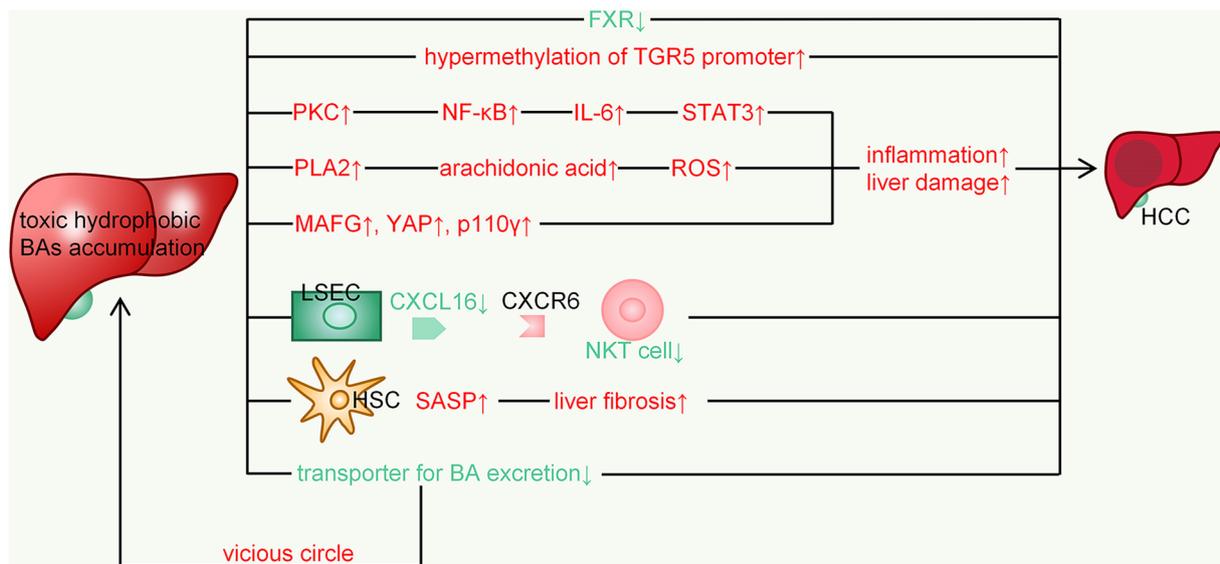


Figure 5. Mechanisms involved in BA-mediated hepatocarcinogenesis. BA, bile acid; HCC, hepatocellular carcinoma; FXR, FXR, farnesoid X receptor; TGR5, Takeda G protein-coupled receptor 5; ROS, reactive oxygen species; MAFG, MAF bZIP transcription factor G; YAP, Yes-associated protein; p110 $\gamma$ , PI3K class I isoforms  $\gamma$ ; PKC, protein kinase C; LSEC, liver sinusoidal endothelial cell; CXCR, C-X-C motif chemokine receptor type; HSC, hepatic stellate cell; NKT, natural killer T; SASP, senescence-associated secretory phenotype.

through activation of activating protein-1, NF- $\kappa$ B and E-box, induce MAFG expression, and all these enhancer elements are present in the human MAFG promoter. S-adenosylmethionine and UDCA have complementary roles to reduce LCA-mediated changes in the expression and DNA-binding activity of transcription factors that bind to these elements (59).

There are also experimental results demonstrating that BA is an upstream regulator of the Hippo pathway and its target YAP has been identified as a key driver of liver growth and carcinogenesis (60,61). BAs function as a tumor promoter by driving YAP activation and the ability of BAs to activate YAP depends on the concentration. Normal physiological or modestly elevated BA concentrations do not lead to YAP activation; however, chronically elevated pathological concentrations of BAs, which are commonly seen in cholestatic patients, may activate YAP and promote carcinogenesis (62,63).

Another study indicated that p110 $\gamma$  is activated by hydrophobic, but not hydrophilic BAs. BA-induced hepatocyte apoptosis is partly mediated via a PI3K p110 $\gamma$ -dependent signaling pathway (64).

**Secondary BA-induced damage to other cells in the liver.** Liver sinusoidal endothelial cells (LSECs)-natural killer T (NKT) cells: Primary BAs ( $\beta$ -MCA, CDCA) may increase C-X-C motif chemokine ligand (CXCL)16 expression, whereas secondary BAs ( $\omega$ -MCA, LCA) had the opposite effect. C-X-C motif chemokine receptor type 6 forms the lining of liver capillaries and the first barrier to blood from the intestine entering the liver, and its expression on LSECs may regulate NKT cell accumulation (65). The increase of NKT cells is beneficial to the protective effect on the liver. Thus, when NKT cells induced by LSECs decrease, HCC progresses. In non-neoplastic liver tissues from patients with primary liver cancer, primary BA CDCA levels were correlated with CXCL16 expression, whereas an inverse correlation was observed with secondary BA G-LCA (65). This suggests that the finding may also apply to humans.

**Hepatic stellate cells (HSCs):** Blocking DCA production or reducing DCA-producing gut microbes has been indicated to prevent liver cancer development in obese mice. Relevant studies also suggested that enterohepatic circulation of DCA causes a related senescence-associated secretory phenotype (SASP) in HSCs (DCA would cause DNA damage through the generation of ROS, the key trigger of SASP), which in turn secretes various inflammatory and tumor-promoting factors in the liver to promote HCC development in mice after exposure to chemical carcinogens (66,67). Furthermore, DCA-induced senescent HSCs may also contribute to at least certain aspects of obesity-associated HCC development via SASP in humans (68,69) (Fig. 5).

#### Emerging strategies for the treatment of HCC utilizing BAs

**Targeting FXR: Obeticholic acid (OCA).** The semi-synthetic BA analogue 6 $\alpha$ -ethyl-chenodeoxycholic acid, more commonly known as OCA, was developed as the first FXR agonist to be used in humans (70). A study investigated the effect of OCA on a NASH-associated HCC animal model induced by diethylnitrosamine and a high-fat choline-deficient diet. The results suggested that FXR activation by OCA is able to alleviate the progression of NASH-associated HCC by regulating the SOCS3/JAK2/STAT3 signaling axis (71). Small heterodimer partner, caspase-3 and p53 were upregulated in this process. Sirtuin-1, a key regulator of FXR that controls liver regenerative response, was also elevated after OCA treatment (71). These findings highlight the potential role of FXR agonists in the effective treatment of NASH-induced HCC. It is worth noting that OCA does not appear to have a simple positive therapeutic effect on HCC, as two studies have obtained contradictory results. An *in vitro* study indicated that OCA suppresses HCC cell proliferation and metastasis by inhibiting the IL-6/STAT3 signaling pathway, while another study established that OCA promoted HCC cell proliferation *in vitro* and xenograft tumor growth *in vivo* (29,59,72). The

long-term safety of OCA also requires further evaluation, as the continuous activation of FXR may significantly change the body's energy metabolism. More patients with NAFLD/NASH for clinical trials should also be selected, thereby clarifying the applicable criteria for OCA. The modification of FXR itself may also affect the therapeutic effect. Activated HSCs may mediate hepatic fibrosis. It was reported that activated HSCs have a limited response to OCA and other FXR agonists due to enhanced FXR SUMOylation (73). Therefore, SUMOylation inhibitors rescue FXR signaling, thereby increasing the efficacy of OCA against HSC activation and fibrosis (73). In addition to OCA, other FXR agonists exhibiting therapeutic effects have now been discovered. For instance, GW4064 is able to delay the progression of HCC by blocking the STAT3 pathway through the regulation of the suppressor of cytokine signaling 3 (70). WAY-362450, which reduces inflammation, and INT-767 (a dual FXR and TGR5 agonist), which has lipid-lowering effects, are also being tested in animal experiments (74).

OCA is still the best and most important FXR agonist for treatment. There may be a scope to modify OCA to improve its efficacy. An innovative idea is to prepare OCA as nanoparticles, resulting in a stronger agonistic effect on FXR. Studies have indicated that manipulation of FXR by this nanoapproach significantly improves antitumor immune responses in murine HCC (75). This approach undoubtedly markedly increases the efficiency compared with oral administration. Therefore, the improvement of OCA dosage and administration route is a direction worth pursuing in the future. In addition, the rise of nanotechnology will also provide an incentive to develop novel FXR agonists. Perhaps, the replacement of OCA as the main substance in nanoparticles with novel FXR agonists may yield even more surprising results. Exosomes also appear to be a better way to agonize FXR. Studies have indicated that *Lactobacillus rhamnosus* GG-derived exosome-like nanoparticles may protect against alcohol-associated liver disease through regulation of the FXR signal in mice (76). Perhaps in the future, BAs may be used as components of exosomes to agonize FXR with greater precision. Alternatively, the related genes of FXR may be used as components of exosomes to better delay the progression of HCC.

*Targeting BA transporters.* Targeting specific sites in the enterohepatic circulation for regulation also appears to be a viable direction for the treatment of HCC. Inhibition of ASBT may reduce intestinal reabsorption of BAs and, at the same time, increase cholesterol catabolism and BA synthesis in the liver (77). Thus, ASBT inhibitors (e.g., SC-435 and 264W94) improve lipid metabolism in obese patients and perhaps also have efficacy against HCC due to NAFLD/NASH (74). BA sequestrants (e.g., cholestyramine, colestevlam), which act similarly to ASBT inhibitors, may also reduce lipids by impairing intestinal reabsorption of BAs, but their effects are more limited (74,77). In addition, studies have demonstrated that DCA has a dual effect in HCC cells and is dependent on the expression of the BA transporter NTCP. DCA may induce apoptosis in NTCP-positive HCC cells, particularly under hypoxic conditions, while in NTCP-negative HCC cells, DCA markedly decreased aggressive cellular behaviors (78). Thus, if it were possible to examine NTCP expression and the

apoptotic signaling cascade by immunoblot analysis, hydrophobic BAs may even be a suitable choice for the treatment of NTCP-positive HCC.

Currently, no drugs targeting BA transporters have been approved for clinical use in patients with HCC. Despite the ability of ASBT inhibitors to ameliorate metabolic disorders in patients, the pathogenesis of HCC is complex. The conditions of ASBT inhibitor application must be considered due to their potential to have vastly different treatment outcomes for patients with NAFLD-related HCC and those with non-NAFLD-related HCC. It is also worth noting that blocking any site in the enterohepatic circulation has the potential to create a disorder of BA metabolism. Therefore, the therapeutic effects and adverse effects must be compared and weighed when developing related drugs. Drugs with fewer side effects, such as diarrhea and abdominal pain, would have greater advantages on the basis of guaranteeing therapeutic efficacy (79).

*Hydrophilic BA with therapeutic effects: UDCA.* UDCA may inhibit cholestasis and has a protective effect on CLDs (80). T-UDCA has been indicated to exert its cytoprotective activity by reducing ER stress and preventing apoptosis. The related mechanisms are dependent on inhibition of the translocation of pro-apoptotic Bax from cytosol to mitochondria, inhibition of cytochrome c release and subsequent suppression of mitochondrial apoptosis and reduction of the expression of cyclin D1 (81,82). In addition, UDCA has been indicated to interfere with the E2F-1/Mdm-2/p53 apoptotic pathway, resulting in subsequent nuclear translocation of the BA-receptor complex and reduction of apoptosis (81,83). UDC-dihydroartemisinin (DHA), which is composed of a mixture of UDCA and DHA, has an inhibitory effect on HepG2 and Huh-7 cells (84). In conclusion, numerous studies suggest that the application of UDCA is an effective strategy for the management of advanced hepatobiliary diseases in the future. Based on the anti-inflammatory, antioxidant and cytoprotective activities, UDCA may be useful to improve treatments of advanced liver diseases, notably in combination with other drugs such as sorafenib, to enhance the therapeutic efficacy of targeting drugs for HCC (49,85,86). Furthermore, based on UDCA, monoclonal antibodies may be designed at the key sites of these inflammatory signaling pathways to achieve the purpose of targeted therapy. Therefore, unraveling the signaling pathways underlying the therapeutic effects of UDCA may provide a more definitive direction for the doses and modalities administered, aiming to improve therapeutic outcomes for patients.

*Immunotherapy: Possible utility of BAs.* BAs have been indicated to have an immunotherapeutic role in a variety of gastrointestinal and biliary diseases. Immunotherapy for HCC is a more emerging strategy. At present, the commonly used immunotherapy drugs for HCC are antiangiogenic tyrosine kinase inhibitors (such as sorafenib), programmed death ligand 1 (PDL1) blockade with atezolizumab and VEGF blockade with bevacizumab (87). The question arises whether BAs and immunotherapy for HCC have a link. As mentioned above, primary BAs may increase hepatic NKT-cell accumulation by upregulating CXCL16. However,

abundant expression of receptors for primary BAs across the gastrointestinal tract overwhelms the possibility of using agonists against these receptors for HCC control. Therefore, one study prepared an OCA-nanoemulsion (OCA-NE) and injected it into mice. The results suggested that OCA-NE significantly suppressed hepatic tumor growth in a murine orthotopic H22 tumor model; furthermore, OCA-NE led to the increase of CXCL16, IFN- $\gamma$  and the number of NKT cells (88). The study made good use of the intrinsic property of LSECs in capturing circulating nanoparticles and a large amount of injected OCA-NE accumulated in LSECs. This strategy for precise manipulation of LSECs should be extended. For instance, it may be possible to design a nanoparticle of a DCA analogue for targeted manipulation of HSCs and blocking SASP signals inside these cells. The feasibility of this remains to be verified by further experiments.

Immunologic agents that target BA receptors will also be an important direction for treatments in the future. In addition to FXR, TGR5 is also an important receptor for BAs. Studies have indicated that nanoparticles prepared from 5 $\beta$ -CA may act as antagonists of TGR5, thereby exerting a role in recruiting immune cells and suppressing HCC (75). Dual FXR/TGR5 agonist INT-767 was indicated to delay HCC progression and improve liver function in mice (89). Previously, it was mentioned that UDCA is a therapeutic BA widely used in clinics. It may be possible to improve UDCA to prepare specific FXR agonist/TGR5 antagonist, which is an attractive prospect. In addition, another study suggested that UDCA may enhance anti-tumor immunity by promoting the degradation of TGF- $\beta$  (90). TGF- $\beta$  is essential for tumor immune evasion. It is also due to its effects that anti-programmed death 1 (PD1) or anti-PDL1 treatments alone do not improve the immunosuppressive tumor microenvironment (90). UDCA is a potential TGF- $\beta$  inhibitor, which outperforms existing developed TGF- $\beta$  blocking antibodies in terms of both efficacy and safety (90). UDCA and anti-PD1/anti-PDL1 combination will also be a direction to improve the efficacy of immune checkpoint inhibitor therapy. Combination therapy with anti-PD1 or anti-PDL1 and UDCA may have increased efficacy in patients with HCC.

*Other emerging BA-based therapeutic approaches.* Functionalized gold nanoparticles (AuNPs) have been widely applied due to their good biocompatibility and long drug half-life. In one study, the researchers synthesized AuNPs capped with ligands that possess polyethylene glycol (PEG) and LCA linked by carboxyl groups (AuNP@MPA-PEG-LCA). The results indicated that AuNP@MPA-PEG-LCA was more effective in promoting programmed cell death of HCC cells due to its better cell selectivity and the related mechanism was the activation of ROS and mediated mitochondrial dysfunction and apoptosis (91).

Probiotics are emerging viable treatments for HCC. Probiotics may affect BA metabolism through the modulation of the gut microbiota. Probiotics modestly regulate the intestinal FXR pathway to promote liver regeneration by affecting the secretion of downstream FGF15 (92). A study indicated that VSL#3 probiotics promote ileal BA deconjugation with subsequent fecal BA excretion and induce hepatic

BA neosynthesis via the downregulation of the gut-liver FXR-FGF15 axis (93). VSL#3 increases the excretion of BAs in feces, with distinct alterations in the composition of the fecal microbiota in mice (93,94). Administration of VSL#3 for 21 days resulted in a significantly higher abundance of *Firmicutes* (51.47%) and *Actinobacteria* (3.31%) at the expense of *Bacteroidetes* (44.22%) and *Proteobacteria* (1%) (93). These findings suggest the possibility that probiotics may be used to treat HCC by affecting the body's BA metabolism.

#### 4. Conclusions

The subtle relationship between BAs and HCC is gradually being explored. FXR signaling is the most important pathway through which BAs mediate HCC development. OCA and several other novel FXR agonists have demonstrated promising therapeutic effects against metabolic liver diseases and even HCC (95). In addition to FXR, BA-mediated HCC development involves TGR5 and multiple inflammatory signals, which implicates BAs in the immunotherapeutic process of HCC. The hydrophilic BA UDCA also exhibits therapeutic effects on HCC by downregulating inflammatory signaling. In addition, targeting BA transporters, such as ASBT inhibitors, also appears to have beneficial effects on HCC, but their efficacy requires further experimental validation. In the future, a deeper understanding of the mechanisms by which BAs mediate HCC is required in order to provide further clinical treatments for HCC and to exploit the therapeutic potential of BAs.

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#### Availability of data and materials

Data sharing not applicable to this article, as no datasets were generated or analyzed during the current study.

#### Authors' contributions

WL and SG drafted the manuscript, performed the selection and organization of the literature and prepared the figures. BW, YZ, JWZ, MW, JFZ and LS revised the manuscript. BC carried out the design of this review and revised the manuscript. All authors contributed to this manuscript and read and approved the final manuscript. Data authentication is not applicable.

#### Ethics approval and consent to participate

Not applicable.

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Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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