





# The Influence of Conventional and Biodynamic Winemaking Processes on the Quality of Sangiovese Wine

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**Purpose:** This research studied the impact of biodynamic and conventional winemaking processes, using biodynamic grapes, on both the intrinsic and perceived quality of some Sangiovese wines.

**Materials and Methods:** Three wineries producing biodynamic wine and a conventional winery participated in the study during the 2015 and 2016 harvests. Biodynamic and conventional winemaking protocols were applied on the same biodynamic Sangiovese grapes. The eligibility, identity, and style properties (the intrinsic quality) of both the biodynamic and conventional wines were measured after malolactic fermentation. Moreover, a group of experts evaluated the perceived quality by rating the overall quality and typicality of the wines.

**Results:** The experimental data showed that the intrinsic quality of Sangiovese wine samples was affected greatly by the vintage and winemaking protocol factors and slightly by the growing area factor. Significant differences in phenolic and aroma profile, intensity of taste, odor, and flavor attributes occurred between the biodynamic and conventional wine samples. The above differences in intrinsic quality levels did not lead to a different evaluation of either the perceived overall quality or perceived typicality by the wine experts.

**Conclusion:** The above result can be considered important because the biodynamic wine-making process affected the intrinsic quality level of the Sangiovese wines while the perceived overall quality and typicality of the biodynamic and conventional wines were not significantly different. The tested biodynamic wineries were able to produce appreciated biodynamic Sangiovese wine, as was the conventional one, but with the use of fewer resources in the winemaking process.

**Keywords:** Sangiovese, biodynamic wine, winemaking process, quality, typicality, volatile profile

## Introduction

Recent surveys on consumer perceptions describe the wine market of the future as headed toward organic-labeled, carbon-free, vegan or other environmentally friendly products.<sup>1-3</sup>

Organic farming virtually excludes the use of synthetic fertilizers and pesticides, instead of relying on crop rotation, green manures, compost, natural fertilizers and pesticides, biological pest controls, mechanical cultivation, and modern technologies to build soil quality, supply plant nutrients, and control pests.<sup>4</sup>

Organic and biodynamic techniques are closely linked but with an important difference: in Europe, organic viticulture and winemaking are regulated by an official

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set of rules (EU Council Regulation EC No. 834/2007 and EC Reg No. 203/2012) while in other countries (eg, USA, Canada and Australia) has been regulated from 2000. Biodynamic production is instead a comprehensive organic farming method still founded on a “voluntary” basis, without any public intervention.<sup>5</sup>

In this perspective, the biodynamic winemaking process is more restrictive than the organic one, with even stricter limits.<sup>6</sup> As an example, Demeter® (the most widespread voluntary biodynamic certification in Europe and the rest of the world) provides guidelines for the biodynamic winemaking process:<sup>7</sup> exclusive use of indigenous yeasts; no added yeast nutrients; minimal use of sulfites; exclusive use of permitted adjuvants and additives.

Although some authors investigated the viticultural effects of biodynamic practices on wine grapes,<sup>8–10</sup> few articles have reported the effect of these practices on wine quality.<sup>11,12</sup> In some studies, it has been reported that eco-certification is associated with higher quality wines,<sup>12</sup> even though this is not always perceived by consumers.<sup>13</sup> Indeed, biodynamic wines have sometimes been reported as superior in quality to their conventional counterparts,<sup>11,14</sup> or similar in other studies,<sup>9,10</sup> but little information is available on the impact of the kind of winemaking process (organic, biodynamic, or conventional) on the chemical and sensory characteristics of wine.<sup>6,15</sup>

Food quality is commonly described as intrinsic quality and perceived quality. The ISO 9000–2015 defines intrinsic quality as the degree to which a set of inherent characteristics in an object fulfills the customer’s requirements. Many authors have dealt with the concept of intrinsic wine quality,<sup>16,17</sup> defining the inherent physical-chemical characteristics of wine. For some wines, such as Protected Designation of Origin (PDO) wines, quality is integrated with an extra point relating to “typicality”, which is defined as those wine characteristics that are considered representative of the “terroir”.<sup>18</sup> Considering the absence of defects as a pre-requisite, some authors<sup>19,20</sup> proposed that quality is a combination of the following profiles of wine properties: (i) an eligibility profile, that is, it meets the needs of the globalized market whose terms are common to all wines (eg, the sensory attributes and chemical compounds related to acidity, astringency, balance, persistence, body, etc.); (ii) an identity profile, which reflects the territorial implications of the product on the sensory and aroma profiles; (iii) a style profile that represents the brand (ie, chemical compounds and sensory attributes related to the methods of conducting malolactic fermentation or

derived from oak barrels, such as wood or vanilla). The eligibility profile parameters can change over time without effecting the identity of the wine,<sup>20</sup> while the identity profile parameters (ie, varietal volatile compounds originating from the grape) can be considered the distinct characteristics that define the typicality of a wine.<sup>21</sup>

Wine rating, in which a customer or expert or critic assigns a score to a tasted wine, is the common method to evaluate perceived quality. Perceived quality may not be consistent with the intrinsic quality; the literature data<sup>16,22–24</sup> has suggested that quality perception is a matter of the overall balance and complexity of perceptions, not just a matter of perception intensity.

The aim of this study was to evaluate the impact on wine quality of biodynamic and conventional winemaking processes using the same biodynamic Sangiovese grapes.

This study aimed to contribute to answering the following questions:

What are the intrinsic and perceived qualities of Sangiovese wines processed following biodynamic procedures? Is the Sangiovese biodynamic winemaking process able to differentiate the intrinsic and perceived qualities with respect to conventional processing?

## Materials and Methods

### Sangiovese Grape Samples and Winemaking Processes

The biodynamic Sangiovese red grapes were hand-harvested for the 2015 and 2016 vintages. For both vintages, the grapes were collected from three biodynamic estates in three different growing areas: two estates coded A and B located in the Chianti area of Tuscany (Cerreto Guidi, 43°45′42.12″N 10°52′37.56″E, 123 m elevation, Florence, Italy); one coded C in the Emilia Romagna region (San Clemente, 43°56′2.04″N 12°37′36.48″E, 180 m elevation, Ravenna, Italy). All three estates have produced biodynamic wines for at least 7 years.

For both vintages, each estate provided a 3500 kg lot of biodynamic Sangiovese grapes to perform the conventional vinification in a conventional winery located in the Chianti area (Montespertoli, Tuscany), and the processed wines were coded as follows: A15CONV, A16CONV, B15CONV, B16CONV, C15CONV and C16CONV. At the same time, each biodynamic estate vinified its own lot of grapes in the winery following the usual biodynamic winemaking protocols for both vintages, and the processed

wines were coded as follows: A15BIOD, A16BIOD, B15BIOD, B16BIOD, C15BIOD and C16BIOD. Since it was not allowed to set the conventional vinifications in the biodynamic wineries because of the possibility of selected yeasts contamination, it was necessary to perform the conventional ones in an external conventional winery. Both the kind of trials were on industrial scale in order to reproduce the real conditions of the wine process and they were performed for two different vintages (2015 and 2016).

All the grapes were analyzed upon harvesting to measure the chemical characteristics and phenolic maturity (Table 1).

Table 2 summarizes the winemaking protocols applied in the biodynamic and conventional wineries during the fermentation/maceration of the grapes. In particular, it gives information about the tank material, fermentation/maceration time, added products, color extraction techniques, and conduction of malolactic fermentation.

All of the grapes were destemmed and crushed immediately after the hand-harvest. During the fermentation/maceration, the density and temperature of the must/wines were monitored daily (data not shown). The malolactic fermentation was completed in both the biodynamic and conventional processes, the wines were racked, the total sulfites adjusted to 50 mg/L and then the wines were bottled in 750 mL glass bottles, which were closed with corks and stored in temperature-controlled cells at 18°C until analysis.

## Chemical Analyses

### Chemical Characteristics of Grapes

The fresh grapes were analyzed upon harvesting to measure the technological maturity (berry weight, skin/pulp ratio, sugars, titratable acidity, pH) according to official OIV methods (Compendium of International Methods of Analysis – OIV – Oeno 21/2004). Two hundred berries were pressed to extract their juice. The juice sugar content (Brix), titratable acidity (g/L), and pH were measured after centrifugation of the juice at 3000 rpm for 10 min. The berry weight was determined as the ratio between the total weight and the number of berries. The phenol maturity indices (total potential and extractable anthocyanins, phenolic richness, grape seed maturity, skin and seed tannins) were measured according to the method proposed by Saint-Cricq et al.<sup>25</sup> All the grape samples were analyzed in triplicates.

**Table 1** Composition of Sangiovese Biodynamic Grapes at 2015 and 2016 Harvests: Mean Values, F-Values and Least Significant Difference (LSD)

Grape	Date of Harvest	Berry Weight (g)	Sugar (g/L)	Titratable Acidity (g/L Tartaric Acid)	pH	Skin/Pulp Ratio	Total Potential in Anthocyanins (ApH1.0, mg/L M3MG)	Extractable Anthocyanins (ApH3.2, mg/L M3MG)	Cellular Maturity Index (%)	Phenolic Richness (OD280nm)	Seed Maturity (Mp%)	Skin Tannins (DtpeI%)	Seed Tannins (Dtpep%)
A15	09/29/2015	2.34 e	198 a	6.42 c	3.57 e	80 d	678 a	470 a	31 a	36 a	74 c	9 a	26 a
B15	09/18/2015	1.72 a	243 e	6.81 e	3.47 c	116 f	1280 d	744 c	42 d	60 d	75 d	15 c	45 e
C15	09/22/2015	1.80 bc	231 d	6.52 d	3.53 d	111 e	1145 b	740 c	36 b	61 e	76 e	15 c	46 f
A16	10/01/2016	1.85 cd	222 b	5.12 b	3.44 b	65 c	1199 c	700 b	42 d	47 b	70 b	14 b	33 b
B16	09/20/2016	1.79 b	223 c	7.25 f	2.84 a	63 a	1770 f	875 d	51 e	54 c	68 a	17 d	36 c
C16	09/27/2016	1.87d	247 f	4.98 a	3.47 c	64 b	1589 e	950 e	40 c	60 d	68 a	19 e	41 d
F-value		146***	1732***	8931***	1374***	10480***	15226***	8659***	11605***	6900***	756***	8659***	7272***

Notes: Same letter within the same row indicates no significant difference (p-values >0.05); \*\*\*Indicates significance at p ≤ 0.001.

Abbreviation: A, B, C, biodynamic wineries.

**Table 2** Biodynamic and Conventional Winemaking Protocol Applied During Fermentation/Maceration (2015 and 2016 Vintages)

	Wine Code	Tank Material	Fermentation/Maceration Time (Days)	Addition			Color Extraction Technique				Malolactic Fermentation	
				Sulfitation at Crushing (g/L SO <sub>2</sub> )	Addition of Selected Yeast (g/hL Saccharomyces cerevisiae)	Other Additions (Enzymes, Nutrients, etc.)	Pumping-Over	Punching-Down	Délestage	Cap Wetting		Addition of Selected Bacteria (g/hL Oenococcus oeni)
Conventional winemaking with biodynamic grapes	A15CONV	Stainless steel	12	7.5	20	Maceration enzyme, nitrogen nutrients	2/day in open air until alcoholic fermentation was complete	-	-	-	2/day during maceration until racking	2
	A16CONV											
	B15CONV											
	B16CONV											
	C15CONV											
	C16CONV											
Biodynamic winemaking with biodynamic grapes	A15BIOD	Concrete	12	1.5	-	-	3/day in open air for 8 days	-	-	-	-	-
	A16BIOD											
	B15BIOD											
	B16BIOD											
	C15BIOD											
	C16BIOD											

**Abbreviations:** A, B, C, biodynamic wineries; CONV, conventional winemaking protocol; BIOD, biodynamic winemaking protocol; 15, 16, 2015 and 2016 vintages.

## Chemical Characteristics for Measuring Eligibility, Identity, and Style Wine Properties

The chemical characterization of the wines was carried out after the malolactic fermentation according to Bertuccioli et al.<sup>19</sup> and Canuti et al.<sup>20</sup> The eligibility chemical characteristics were represented by standard parameters and polyphenol profiles as shown in Table 3. The identity chemical characteristics were represented by the volatile fractions of the wines as shown in Table 3. The style requirement was instead represented by the chemical variables related to wine aging (ie, vanillin and  $\gamma$ -lactones).

The standard parameters (pH, titratable acidity, volatile acidity, alcohol content, residual sugars) were measured according to the official EU methods (Official Methods of Wine Analysis, Reg. 440/2003).

Phenolic and volatile characterization of the wines were performed according to literature.

Monomers and polymerized anthocyanins (colored polymeric pigments) (both expressed as malvidin-3-*O*-glucoside), and tannins (expressed as (+)-catechin) were measured by HPLC,<sup>26,27</sup> and they were carried out on a Perkin Elmer Series 200 LC equipped with an auto-sampler and a diode-array detector (Perkin Elmer, Shelton, CT, USA). Chromatograms were acquired at 280 nm and 520 nm, recorded, and processed using Total Chrome Navigator software (PerkinElmer).

Color intensity and hue value were measured according to Glories (1984),<sup>28</sup> the total phenols index was measured as described by Ribereau-Gayon (1970),<sup>29</sup> and the gelatin index according to Mirabel (2000).<sup>30</sup> The ultraviolet-visible (UV/vis) absorbance of the samples was measured on a Perkin Elmer Lambda 35 UV/Vis spectrophotometer (Perkin Elmer, Shelton, CT, USA).

CIE (Commission Internationale de l'Eclairage) L\*a\* and b\* color coordinates were also measured according to the literature. Visible spectra were recorded at 400–700 nm reflectance using the same spectrophotometer equipped with the RSA-PE-20 Integrating Sphere accessory assembly (Labsphere, North Sutton, NH). A dark brown standard was used to evaluate measurement performance for each analysis session. UV WinLab Software was used to record the spectra (version 2.85.04, Perkin Elmer Inc.) and CIE L\*a\*b\* color coordinates were calculated using Color software (version 3.00, 2001, Perkin Elmer Inc.).

Higher alcohols and ethyl aldehyde<sup>31</sup> were determined using an AutoSystem XL gas chromatograph equipped with

flame ionization detector. The free volatile profile was determined according to a method developed by Canuti et al.<sup>32</sup> The analytical system for the determination of the volatile compounds comprised an AutoSystem XL gas chromatograph (Perkin Elmer) paired with a Turbomass Gold mass selective detector (Perkin Elmer). The software used was TurboMass v.5.1.0. An Innowax column (30 m  $\times$  0.25 mm o.d., 0.25  $\mu$ m film thickness, Agilent Technology) was used for all analyses.

All the wine samples were analyzed in triplicates.

## Sensory Analyses

All of the evaluations were performed in isolated, ventilated sensory booths under red lights, to eliminate bias attributed to color differences. The presentation was monadic with a balanced presentation order and carry-over effect,<sup>33</sup> with six wines per session. The wine samples (30 mL) were poured at room temperature (around 19°C) and presented in standard tasting glasses (ISO-3591, 1977) covered with plastic lids and identified by random three-digit codes. In each step, the samples were evaluated globally (ie, orthonasal aroma after swirling, plus retronasal aroma, taste, and mouthfeel after sipping). Water was provided as a palate cleanser. All of the sensory data were collected using FIZZ software (Version 2.00L, Biosystemes, Couternon, France).

## Sensory Attributes Measuring Eligibility, Identity, and Style Wine Properties

Sensory analyses were carried out by a panel of trained judges following the Quantitative Descriptive Analysis (QDA) method. Wine sensory characterization was performed after the malolactic fermentation. The samples were subjected to QDA by a panel of 13 trained judges (8 males and 5 females) in 2015 and 16 trained judges (10 males and 6 females) in 2016, who evaluated the wines in three replications in three subsequent sessions. The sensory data from the two descriptive analyses were combined using the shared or synonymous attributes and standardized to mean zero for each sensory attribute within each descriptive analysis.

According to Bertuccioli et al.<sup>19</sup> and Canuti et al.,<sup>20</sup> the eligible sensory profile was described by the three following attributes: acidity, sweetness, and astringency. The identity profile was defined by the following nine aromatic attributes: blackberry, prune, cherry, floral, vegetal, and spicy odor, fruity, floral, and vegetal in-mouth flavor.

**Table 3** Eligibility and Identity Chemical Variables Measured in the 2015 and 2016 Conventional (CONV) and Biodynamic (BIOD) Wines: Average, Interactions, F-Values and Least Significant Difference (LSD)<sup>1,2</sup>

Code	Chemical variables	Vintage		Winemaking protocol		Growing area			Interactions	
		2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
<b>Eligibility chemical variables</b>										
1	<b>pH</b>	3.58 a	3.60 a	3.59 a	3.59 a	3.46 a	3.58 ab	3.74 b	14.26**	11.45*
	F-value	1.11 ns		0.01 ns		33.43***				
2	<b>Titratable acidity (g/L)</b>	5.57 a	5.53 a	5.11 a	5.99 b	6.14 b	5.28 a	5.23 a	15.67**	0.02 ns
	F-value	0.24 ns		89.93***		40.57***				
3	<b>Alcohol content (% v/v)</b>	13.82 a	13.58 a	14.19 b	13.21 a	13.99 b	13.27 a	13.85 b	6.29*	16.07**
	F-value	3.27 ns		51.78***		10.48**				
4	<b>SO<sub>2</sub> free (mg/L)</b>	19 b	16 a	16 a	19 b	19 c	15 a	18 b	26.58***	21.96**
	F-value	72.13***		72.13***		22.98***				
5	<b>SO<sub>2</sub> total (mg/L)</b>	36 a	53 b	36 a	53 b	46 a	45 a	43 a	11.34**	0.08 ns
	F-value	21.92**		22.11**		0.26 ns				
6	<b>Volatile acidity (g/L)</b>	0.78 a	0.60 a	0.69 a	0.70 a	0.72 a	0.70 a	0.65 a	1.72 ns	4.69 ns
	F-value	4.31 ns		0.01 ns		0.24 ns				
7	<b>Total phenols Index</b>	50.78 b	49.00 a	52.03 b	47.80 a	56.30 c	44.89 a	48.55 b	43.98***	14.43**
	F-value	10.74*		64.57***		163.83***				
8	<b>Color intensity</b>	7.22 a	8.10 b	6.82 a	8.51 b	9.39 c	6.53 a	7.06 b	5386.59***	7.88*
	F-value	1999.03***		7293.28***		7814.44***				
9	<b>Hue</b>	0.92 b	0.86 a	0.95 b	0.83 a	0.80 a	0.89 b	0.98 c	7.01*	2.06 ns
	F-value	13.66**		65.46***		45.79***				
10	<b>Gelatin index</b>	42.35 a	43.88 b	43.11 a	45.12 a	44.50 a	44.76 a	43.09 a	20.87***	14.50**
	F-value	10.39*		3.37 ns		0.89 ns				
11	<b>L*</b>	78.55 b	77.01 a	80.49 b	75.08 a	73.14 a	80.57 c	79.64 b	192.64***	1.68 ns
	F-value	32.78**		406.37***		302.42***				
12	<b>a*</b>	19.85 a	22.34 b	18.33 a	23.86 b	27.43 b	17.99 a	17.86 a	112.37***	3.61 ns
	F-value	42.66***		210.23***		276.93***				
13	<b>b*</b>	7.36 b	6.51 a	7.93 b	5.94 a	6.92 b	6.08 a	7.81 c	13.88**	1.57 ns
	F-value	16.67**		91.63***		23.30***				
14	<b>Delphinidin-3-O-glucoside<sup>a</sup> (mg/L)</b>	3.65 a	5.79 b	4.03 a	5.41 b	6.15 c	3.57 a	4.45 b	9.14**	34.46***
	F-value	109.53***		45.65***		54.76***				
15	<b>Cyanidin-3-O-glucoside<sup>a</sup> (mg/L)</b>	2.08 a	3.01 b	2.26 a	2.82 b	3.58 b	1.85 a	2.19 a	11.29**	1.28 ns
	F-value	49.70***		17.88**		64.47***				

(Continued)

Table 3 (Continued).

Code	Chemical variables	Vintage		Winemaking protocol		Growing area			Interactions	
		2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
16	Petunidin-3-O-glucoside <sup>a</sup> (mg/L)	6.02 a	9.49 b	6.82 a	8.69 b	8.75 b	4.89 a	9.63 b	8.81**	3.14 ns
	F-value	33.23***		9.66*		23.49***				
17	Peonidin-3-O-glucoside <sup>a</sup> (mg/L)	4.01 a	6.43 b	4.76 a	5.68 a	5.35 b	3.36 a	6.94 b	3.64 ns	0.04 ns
	F-value	13.64**		1.96 ns		9.99*				
18	Malvidin-3-O-glucoside (mg/L)	29.21 a	48.17 b	37.68 a	39.71 b	34.44 a	34.25 a	47.40 b	36.22***	192.82***
	F-value	1008.07***		11.63**		212.64***				
19	Total monomer anthocyanins <sup>a</sup> (mg/L)	44.97 a	72.90 b	55.55 a	62.32 b	58.27 b	47.92 a	70.62 c	129.91***	642.59***
	F-value	4505.40***		264.33***		995.45***				
20	Colored polymeric pigments (mg/L)	15.80 a	25.06 b	23.12 b	17.73 a	25.74 c	22.25 b	13.29 a	15.85**	51.01***
	F-value	39.76***		13.47*		25.51***				
21	Tannins (mg/L) <sup>b</sup>	82.86 b	57.24 a	77.54 b	62.56 a	85.64 b	62.16 a	62.36 a	11.83**	29.69***
	F-value	39.20***		13.38*		14.50**				
<b>Identity chemical variables</b>										
22	Ethyl aldehyde (mg/L)	55.85 a	70.79 b	36.54 a	90.10 b	74.06 a	58.79 a	57.11 a	2.61 ns	0.01 ns
	F-value	5.32*		68.40***		2.77 ns				
23	Propanol-1-ol (mg/L)	30.86 a	32.17 b	20.62 a	42.41 b	23.74 a	37.16 c	33.66 b	81.00***	477.50***
	F-value	24.21***		6753.93***		917.49***				
24	Ethyl acetate (mg/L)	101.38 b	73.80 a	80.43 a	94.75 a	85.57 ab	72.62 a	104.58 b	1.21 ns	12.61*
	F-value	13.95**		3.76 ns		6.32*				
25	2-Methylpropan-1-ol (mg/L)	54.39 a	57.16 a	71.52 b	40.03 a	55.26 a	55.70 a	56.37 a	1.00 ns	0.13 ns
	F-value	2.17 ns		281.24***		0.12 ns				
26	3-Hydroxy-2-butanone (Acetoin) (mg/L)	22.93 a	40.73 b	23.16 a	40.51 b	22.88 a	45.15 b	27.47 a	16.23**	2.10 ns
	F-value	13.60**		12.92*		7.91*				
27	2-Methylbutan-1-ol (mg/L)	65.00 a	72.84 a	64.35 a	73.49 b	71.08 a	66.02 a	69.67 a	2.77 ns	1.06 ns
	F-value	4.35 ns		5.91*		0.64 ns				
28	3-Methylbutan-1-ol (mg/L)	212.17 a	210.83 a	199.22 a	223.78 b	217.12 a	211.35 a	206.02 a	5.34*	0.17 ns
	F-value	0.02 ns		7.09*		0.48 ns				
29	Ethyl 2-hydroxypropanoate (ethyl lactate) (mg/L)	72.66 b	38.78 a	79.51 b	31.93 a	25.00 a	88.14 b	54.02 ab	3.64 ns	0.37 ns
	F-value	6.93*		13.66**		8.04**				
30	Ethyl butanoate <sup>c</sup>	0.12 a	0.23 a	0.09 a	0.26 b	0.10 a	0.18 a	0.26 a	1.28 ns	0.47 ns
	F-value	5.09 ns		12.55*		3.31 ns				

(Continued)

Table 3 (Continued).

Code	Chemical variables	Vintage		Winemaking protocol		Growing area			Interactions	
		2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
31	Isoamyl acetate <sup>c</sup>	1.30 a	2.10 a	0.66 a	2.74 b	1.06 a	1.87 a	2.17 a	1.04 ns	0.00 ns
	<i>F-value</i>	3.71 ns		25.85***		2.58 ns				
32	Ethyl hexanoate <sup>c</sup>	2.30 a	5.27 a	5.41 a	2.17 a	1.10 a	1.36 a	8.90 b	4.60*	6.22*
	<i>F-value</i>	2.07 ns		2.47 ns		6.15*				
33	Hexyl acetate <sup>c</sup>	0.015 a	0.018 a	0.010 a	0.022 b	0.015 a	0.015 a	0.020 a	1.02 ns	4.33 ns
	<i>F-value</i>	1.28 ns		18.09**		0.97 ns				
34	Hexan-1-ol <sup>c</sup>	0.30 a	0.29 a	0.28 a	0.30 a	0.31 a	0.27 a	0.30a	15.41**	6.26*
	<i>F-value</i>	0.22 ns		0.54 ns		1.21 ns				
35	Ethyl octanoate <sup>c</sup>	8.98 b	1.14 a	3.70 a	6.41 b	4.24 a	4.66 a	6.27 a	1.56 ns	1.52 ns
	<i>F-value</i>	74.77***		8.95*		1.86 ns				
36	(2R,5R)-2,6,6-trimethyl-10-methylidene-1-oxaspiro[4.5]dec-8-ene (Vitispirane I) <sup>c</sup>	0.044 b	0.018 a	0.024 a	0.038 a	0.052 a	0.015 a	0.026 a	2.05 ns	0.00 ns
	<i>F-value</i>	5.84**		1.53 ns		3.89 ns				
37	Ethyl nonanoate <sup>c</sup>	0.024 a	0.042 b	0.017 a	0.050 b	0.018 a	0.025 a	0.057 b	0.56 ns	0.73 ns
	<i>F-value</i>	2.76 ns		9.99*		5.07*				
38	3,7-Dimethylocta-1,6-dien-3-ol ( $\beta$ -Linalool) <sup>c</sup>	0.078 a	0.028 a	0.075 a	0.031 a	0.035 a	0.093 a	0.030 a	1.15 ns	1.10 ns
	<i>F-value</i>	1.30 ns		1.05 ns		0.89 ns				
39	Octan-1-ol <sup>c</sup>	0.077 b	0.052 a	0.072 a	0.057 a	0.087 b	0.059 a	0.048 a	11.77**	1.61 ns
	<i>F-value</i>	7.76*		2.91 ns		6.82*				
40	2,6,10,10-tetramethyl-1-oxaspiro[4.5]dec-6-ene-2,8-diol (Riesling acetal) <sup>c</sup>	0.019 a	0.033 a	0.030 a	0.022 a	0.030 a	0.014 a	0.034 a	2.61 ns	0.72 ns
	<i>F-value</i>	1.68 ns		0.42 ns		1.17 ns				
41	Ethyl decanoate <sup>c</sup>	2.35 b	0.39 a	1.44 a	1.29 a	1.18 a	1.49 a	1.44 a	1.19 ns	0.64 ns
	<i>F-value</i>	13.82**		0.08 ns		0.13 ns				
42	Diethyl butanedioate (Diethyl succinate) <sup>c</sup>	11.77 b	3.53 a	11.77 b	5.19 a	4.62 a	5.36 a	12.96 b	0.27 ns	12.73**
	<i>F-value</i>	26.93***		9.63*		11.29**				
43	Ethyl undecanoate <sup>c</sup>	0.113 a	0.023 a	0.041 a	0.095 a	0.050 a	0.074 a	0.080 a	1.41 ns	0.86 ns
	<i>F-value</i>	4.47 ns		1.62 ns		0.19 ns				
44	3,7-dimethyloct-6-en-1-ol ( $\beta$ -Citronellol) <sup>c</sup>	0.063 a	0.060 a	0.048 a	0.075 b	0.059 a	0.058 a	0.067 a	11.34**	0.28 ns
	<i>F-value</i>	0.15 ns		10.45*		0.45 ns				
45	2-Phenylethyl acetate ( $\beta$ -phenylethyl acetate)	0.259 a	0.161 a	0.142 a	0.278 b	0.259 a	0.169 a	0.203 a	0.77 ns	0.26 ns
	<i>F-value</i>	3.93 ns		7.55*		1.11 ns				

(Continued)



Table 3 (Continued).

Code	Chemical variables	Vintage		Winemaking protocol		Growing area			Interactions	
		2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
46	(E)-1-(2,6,6-Trimethylcyclohexa-1,3-dien-1-yl)but-2-en-1-one (β-damascenone) <sup>c</sup> F-value	0.026 a	0.009 a	0.016 a	0.019 a	0.012 a	0.021 a	0.019 a	1.12 ns	0.00 ns
		2.67 ns		0.11 ns		0.25 ns				
47	Ethyl dodecanoate <sup>c</sup> F-value	0.112 a	0.162 a	0.105 a	0.169 a	0.078 a	0.101 a	0.223 b	1.79 ns	5.60*
		2.82 ns		4.53 ns		8.64*				
48	2-Phenylethanol (β-phenyl ethanol) <sup>c</sup> F-value	13.49 b	4.70 a	10.69 a	7.49 a	12.54 a	5.64 a	9.10 a	5.28*	2.12 ns
		14.08**		1.87 ns		2.90 ns				
49	Octanoic acid <sup>c</sup> F-value	1.800 a	1.027 a	1.518 a	1.307 a	1.130 a	1.030 a	2.078 b	0.47 ns	0.79 ns
		7.40*		0.56 ns		5.53*				
50	Dodecanoic acid <sup>c</sup> F-value	0.415 a	0.251 a	0.414 a	0.252 a	0.418 a	0.127 a	0.453 a	1.51 ns	0.32 ns
		2.09 ns		2.04 ns		3.32 ns				

**Notes:** Same letter within the same row indicates no significant difference, for LSD; \*\*\*Significance at  $p \leq 0.001$ ; \*\*Significance at  $p \leq 0.01$ ; \*Significance at  $p \leq 0.05$ ; ns: not significant ( $p > 0.05$ ). <sup>a</sup>Expressed as g/L of malvidin-3-O-glucoside, <sup>b</sup>Expressed as g/L of (+)-catechin; <sup>c</sup>Expressed as octan-2-ol (internal standard) equivalents.

**Abbreviation:** A, B, C, biodynamic wineries.

One attribute described the style requirement, that is wood odor and in-mouth flavor.

After every sample, the judges were obliged to wait 60 s, during which time they had to rinse their mouth with water. All of the samples were expectorated. Every evaluation session lasted about 15 mins. The panelists answered on a 10-point category scale (one scale per sample), anchored with 1 (absent) at the left end and 10 at the right end (very strong). The reference standards submitted to the judges corresponded to 6 on the intensity scale (medium intensity).

## Wine Rating of Overall Quality and Typicality

The evaluation of overall quality and typicality was performed by 12 wine experts, 9 men and 3 women (producers, oenologists, and wine-makers), selected on the basis of their extensive experience<sup>34</sup> with Sangiovese wine. In fact, the experts' repeated experience of the products, within and outside the wine category, allows them the definition of the references to adjust the concept of the wine type and of the limits in terms of variation from the ideal example that can be tolerated before a wine is deemed outside the concept.<sup>21</sup> Six of them worked in biodynamic production and 6 in conventional production. Before the session, they

were instructed to consider overall quality and typicality independently from each other,<sup>35</sup> as the samples may have been good even if they were not very representative of the product type (Sangiovese in this case). In keeping with this view, for the evaluation of overall quality, the judges were asked to consider the following aspects:<sup>16</sup> i) no defects as a pre-requisite; ii) balance; iii) intensity, complexity, and elegance of flavor; iv) persistence of flavor (length); v) body. They had to express their judgments through a synthetic score including all of the considered characteristics, on a category scale (one scale per sample) from 1 to 7, in which the levels were anchored to the following definitions: Insufficient, Sufficient, Fair, Good, Very Good, Optimal, and Excellent.

Typicality was evaluated using the same set but on another card, with a different presentation order. The assessors were instructed as follows:<sup>36</sup>

Imagine that you want to explain to someone what a Sangiovese wine is. To explain, you suggest that this person tastes a wine. For each wine presented, you must answer the following question: Do you think that this wine is a good or a bad example of what a Sangiovese wine is?

The panelists answered on a category scale (one scale per sample) of 7 levels like the previous one, anchored to

a “very bad example” on the left end and a “very good example” on the right end.

The whole session lasted about 20 min.

## Statistical Analyses

The chemical and sensory data of the wines were analyzed by multifactor analyses of variance (MANOVA), and frequency distribution, analyzed by the Chi-square test, were performed using Statgraphics Centurion (Ver.XV, StatPoint Technologies, Warrenton, VA). Vintage (2015, 2016), Winemaking Protocol (biodynamic, conventional), Growing Area (A, B, C), and Replicates were considered as factors for both the chemical and the sensory analysis. Two-way interactions (Winemaking Protocol by Growing Area; Winemaking Protocol by Vintage) were considered for each chemical and sensory characteristic.

## Results

### Quality Evaluation as Inherent Chemical Characteristics

In all of the Sangiovese wine samples, the inherent chemical characteristics that represent the eligibility and identity wine properties were identified (Table 3). Instead, the style chemical characteristics were not considered, since no relevant volatile compounds (ie, vanillin and  $\gamma$ -lactones) were detected in the wine samples.

The eligible chemical characteristics were affected by the Vintage factor. Significantly higher color intensity,  $L^*$ ,  $a^*$  and  $b^*$  values, delphinidin-3-*O*-glucoside, cyanidin-3-*O*-glucoside, petunidin-3-*O*-glucoside, peonidin-3-*O*-glucoside, malvidin-3-*O*-glucoside, total monomer anthocyanins, and colored polymeric pigments contents were measured in the 2016 vintage ( $p \leq 0.001$ ). Significantly higher tannin content and hue value were measured in the 2015 vintage ( $p \leq 0.01$ ).

The Winemaking Protocol significantly affected the alcohol content, titratable acidity content, and the chemical characteristics related to the wine color ( $p \leq 0.001$ ). A higher alcohol content and lower titratable acidity were measured in the biodynamic wines. Higher color intensity,  $a^*$  value, delphinidin-3-*O*-glucoside, cyanidin-3-*O*-glucoside, petunidin-3-*O*-glucoside, malvidin-3-*O*-glucoside, and total monomer anthocyanins contents were measured in the conventional wines, while a higher total phenols index, hue,  $L^*$  and  $b^*$  values, tannins ( $p \leq 0.05$ ), and colored polymeric pigments ( $p \leq 0.05$ ) content were measured in the biodynamic wines.

When the data were processed using the Growing Area factor, most of the characteristics related to the phenolic profile resulted significantly affected ( $p \leq 0.001$ ). In particular, growing area A showed the highest values of the total phenols index, color intensity,  $L^*$ ,  $a^*$ , delphinidin-3-*O*-glucoside, cyanidin-3-*O*-glucoside, colored polymeric pigments, and tannin content. Growing area C showed the highest values for hue, petunidin-3-*O*-glucoside, peonidin-3-*O*-glucoside, malvidin-3-*O*-glucoside, and total monomer anthocyanins content.

With regard to the identity chemical characteristics, the aromatic compounds resulted significantly affected by the Vintage factor. Significantly higher vitispirane I ( $p \leq 0.01$ ), ethyl octanoate ( $p \leq 0.001$ ), diethyl succinate ( $p \leq 0.001$ ), and 2-phenylethanol ( $p \leq 0.001$ ) contents were measured in the 2015 vintage, while a higher acetoin ( $p \leq 0.01$ ) content was measured in the 2016 vintage.

Significantly higher ethyl aldehyde ( $p \leq 0.001$ ),  $\beta$ -citronellol ( $p \leq 0.05$ ), propan-1-ol ( $p \leq 0.001$ ), isoamyl acetate ( $p \leq 0.001$ ), and hexyl acetate ( $p \leq 0.01$ ) contents were measured in the conventional winemaking process. A higher 2-methylpropan-1-ol content was measured in the biodynamic wines.

The identity chemical characteristics were slightly affected by the Growing Area factor. Only the propan-1-ol, diethyl succinate, and ethyl lactate contents were significantly different between the growing areas.

With regard to the interactions between the factors, the experimental data (Table 3) showed that the interaction between the Winemaking Protocol and Growing Area was the most significant ( $p \leq 0.001$ ) for the total phenols index ( $F = 43.98$ ), color intensity ( $F = 5386.59$ ),  $L^*$  ( $F = 192.64$ ) and  $a^*$  ( $F = 112.37$ ) values, and total monomeric anthocyanins content ( $F = 129.91$ ). Total monomeric anthocyanins ( $F = 642.59$ ), colored polymeric pigments ( $F = 51.01$ ), and tannin content ( $F = 29.69$ ) were highly significant for the interaction between Winemaking Protocol and Vintage. Of the identity chemical characteristics, only the propan-1-ol content resulted highly significant ( $p \leq 0.001$ ) for the interaction between the Winemaking Protocol and Growing Area ( $F = 81.00$ ) and the Winemaking Protocol and Vintage ( $F = 477.50$ ).

### Quality Evaluation in Terms of Inherent Sensory Characteristics

The inherent sensory characteristics that represent the eligibility, identity, and style wine properties were identified in all of the Sangiovese wine samples (Table 4).

The eligible sensory characteristics were affected by the Vintage factor. A significantly higher sweetness attribute intensity was measured in the 2016 vintage ( $p \leq 0.01$ ). A significantly higher astringency attribute intensity was measured in the 2015 vintage ( $p \leq 0.001$ ). The sweetness attribute intensity was also affected by the Winemaking Protocol, resulting significantly higher ( $p \leq 0.01$ ) in the biodynamic wines than in the conventional wines, whereas the astringency attribute intensity was affected by the Growing Area factor, resulting significantly higher ( $p \leq 0.001$ ) in areas A and B than in area C.

The identity sensory characteristics were affected by the Vintage and Winemaking Protocol factors, but not by the Growing Area factor. A significantly higher intensity of vegetal odor ( $p \leq 0.01$ ), fruity ( $p \leq 0.001$ ), floral ( $p \leq 0.05$ ), and vegetal ( $p \leq 0.001$ ) flavors was measured in the 2016 vintage, whereas a higher intensity of the spicy odor ( $p \leq 0.05$ ) was measured in the 2015 vintage. The attribute intensity of cherry and floral odors was affected by the Winemaking Protocol, resulting significantly higher ( $p \leq 0.01$  and  $p \leq 0.05$ , respectively) in the biodynamic wines than in the conventional wines.

The intensity of the style sensory attributes was also affected by the Vintage and Winemaking Protocol factors, but not by the Growing Area factor. The intensity of the wood odor and flavor attributes was significantly higher ( $p \leq 0.01$  and  $p \leq 0.001$ , respectively) for the 2016 vintage than for the 2015 vintage. It was also significantly higher ( $p \leq 0.05$ ) in the biodynamic wines than in the conventional wines.

With regard to interactions between the factors, the experimental data (Table 4) showed that significant ( $p \leq 0.001$ ) interaction between the Winemaking Protocol and Vintage occurred for the cherry and floral odor attributes ( $F = 12.75$  and  $F = 13.45$ , respectively).

## Quality Evaluation as Rating of Overall Wine Quality and Typicality

The overall quality and typicality ratings showed essentially no difference between the wine samples with relation to the vintage, winemaking, and growing area factors (Table 5). Only the overall quality scores were significantly affected by the vintage factor ( $p \leq 0.01$ ) with higher values for the 2015 vintage (score 3.66 that is “Fair/Good”) than for the 2016 vintage (score 2.98 that is “Sufficient/Fair”). The overall quality of all of the biodynamic and conventional wine samples was evaluated as “Fair/Good” (ie, scores of 3.49

and 3.15, respectively), whereas the typicality was evaluated as “Good” (ie, scores of 5.48 and 4.49, respectively).

## Discussion

The experimental data showed that the intrinsic quality of the Sangiovese wine samples was highly affected by the Vintage and Winemaking Protocol factors and slightly affected by the Growing Area factor.

The Vintage factor affected the intrinsic quality of the wine samples. The values of many chemical and sensory characteristics differed between 2015 and 2016 vintages, causing a variation in the eligibility, identity, and style of wine properties. Significant differences occurred for the phenolic and volatile profile (Table 3), intensity of taste, odor, and flavor attributes (Table 4). It is well known that climatic conditions vary according to the growing season and affect key phenological stages, especially grape ripening.<sup>9,37-39</sup> The literature data<sup>40,41</sup> show a relationship between grape ripening and wine color, taste, and chemical and sensory aroma. Since the 2015 grapes showed significantly lower cellular maturity index values (ie, more extractable anthocyanins) and a significantly higher seed maturity (Table 1) than the 2016 grapes, the 2015 grapes can be considered to have a higher degree of ripeness than the 2016 grapes; therefore, this may have led to a different intrinsic quality of the wine samples within the studied vintages.

The above intrinsic quality levels resulted in a different evaluation of the perceived overall quality by the wine experts, who preferred the 2015 wine samples (Table 5). Instead, the vintage factor did not affect the typicality perceived by the wine experts. According to Bertuccioli et al,<sup>19</sup> Canuti et al,<sup>20</sup> and Parr et al,<sup>21</sup> the identity wine property reflects the territorial implications of the product, namely the “terroir” effect. Although the aroma profile and the intensity of the odor and flavor attributes (ie, the identity wine property) discussed above were significantly different between the vintages, the wine experts perceived no difference in typicality.

The eligibility chemical and sensory characteristics, such as several phenolic variables and the astringency taste attribute, were affected by the growing area (Tables 3 and 4). All of the wine samples produced from grapes from estates A and B (which were in the same geographical area) showed a significantly higher intensity of astringency than estate C, which was in a different region of Italy. These differences could be related to both the higher colored polymeric pigments content and the lower total monomer anthocyanins content in the wine samples from estates A and B compared to estate

**Table 4** Eligibility, Identity, and Style Sensory Variables Measured in 2015 and 2016 Conventional (CONV) and Biodynamic (BIOD) Wines: Average, Interactions, F-Values and Least Significant Difference (LSD)

Sensory descriptor	Vintage		Winemaking protocol		Growing area			Interactions	
	2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
<b>Eligible sensory variables</b>									
<b>Taste/Mouthfeel</b>									
<b>Acidity</b>	4.7 a	4.8 a	4.6 a	4.9 a	4.9 a	4.9 a	4.5 a	3.12*	0.07 ns
<i>F-value</i>	0.04 ns		2.92 ns		1.71 ns				
<b>Sweetness</b>	3.8 a	4.2 b	4.2 b	3.7 a	3.9 a	3.7 a	4.3 a	4.11*	0.00 ns
<i>F-value</i>	4.30**		6.16**		1.99 ns				
<b>Astringency</b>	5.5 b	3.6 a	4.7 a	4.4 a	5.3 b	4.6 b	3.7 a	0.80 ns	0.48 ns
<i>F-value</i>	97.78***		3.49 ns		23.13***				
<b>Identity sensory variables</b>									
<b>Odor</b>									
<b>Blackberry Jam</b>	3.1 a	2.9 a	3.1 a	2.9 a	3.1 a	3.0 a	2.9 a	1.2 ns	3.1 ns
<i>F-value</i>	0.15 ns		1.31 ns		1.94 ns				
<b>Prune</b>	3.2 a	3.2 a	3.3 a	2.9 a	2.9 a	3.3 a	3.3 a	0.7 ns	0.1 ns
<i>F-value</i>	0.02 ns		3.10 ns		1.33 ns				
<b>Cherry</b>	3.0 a	2.9 a	3.3 b	2.6 a	2.7 a	2.9 a	3.1 a	0.58 ns	12.75 ***
<i>F-value</i>	0.31 ns		7.21**		1.22 ns				
<b>Floral</b>	2.9 a	3.1 a	3.2 b	2.8 a	3.0 a	3.1 a	2.9 a	0.37 ns	13.45***
<i>F-value</i>	1.13 ns		4.13*		0.24 ns				
<b>Vegetal</b>	2.6 a	3.2 b	2.9 a	2.9 a	2.9 a	2.9 a	2.9 a	1.98 ns	3.16 ns
<i>F-value</i>	9.58**		0.07 ns		0.15 ns				
<b>Spicy</b>	3.5 b	3.0 a	3.3 a	3.2 a	3.1 a	3.4 a	3.8 a	1.73 ns	0.44 ns
<i>F-value</i>	4.69*		0.08 ns		0.92 ns				
<b>Flavor</b>									
<b>Fruity</b>	3.2 a	4.2 b	3.9 a	3.5 a	3.7 a	3.7 a	3.6 a	0.88 ns	0.98 ns
<i>F-value</i>	26.41***		2.91 ns		0.14 ns				
<b>Floral</b>	2.6 a	3.1 b	3.0 a	2.7 a	2.9 a	2.8 a	2.9 a	0.60 ns	4.18*
<i>F-value</i>	5.76*		2.98 ns		0.22 ns				
<b>Vegetal</b>	2.4 a	3.22 b	2.7 a	3.0 b	2.9 a	2.7 a	2.8 a	2.97 ns	1.69 ns
<i>F-value</i>	16.24***		2.14 ns		0.30 ns				

(Continued)

Table 4 (Continued).

Sensory descriptor	Vintage		Winemaking protocol		Growing area			Interactions	
	2015	2016	BIOD	CONV	A	B	C	Winemaking protocol x Area	Winemaking protocol x Vintage
<b>Style sensory variables</b>									
<b>Odor</b>									
<b>Wood</b>	3.0 a	3.5 b	3.5 b	3.1 a	3.0 a	3.3 a	3.5 a	0.60 ns	0.32 ns
<i>F-value</i>	9.10**		5.84*		2.53 ns				
<b>Flavor</b>									
<b>Wood</b>	2.9 a	3.6 b	3.5 b	3.1 a	3.1 a	3.2 a	3.6 a	1.84 ns	1.56 ns
<i>F-value</i>	11.67***		4.70*		2.47 ns				

**Notes:** Same letter within the same row indicates no significant difference, for LSD; \*\*\*Significance at  $p \leq 0.001$ ; \*\*Significance at  $p \leq 0.01$ ; \*Significance at  $p \leq 0.05$  ( $p > 0.05$ ).

**Abbreviations:** A, B, C, biodynamic wineries; ns, not significant.

Table 5 Average Perceived Quality and Typicality Scores Attributed by Experts in 2015 and 2016 to the Conventional (CONV) and Biodynamic (BIOD) Wines, and Least Significant Difference (LSD)

	Vintage		Winemaking protocol		Growing area		
	2015	2016	BIOD	CONV	A	B	C
<b>Perceived Quality</b>	3.66 b	2.98 a	3.49 a	3.15 a	3.58 a	3.01 a	3.37 a
<i>F-value</i>	17.34**		4.38 ns		4.12 ns		
<b>Typicality</b>	4.91 a	5.08 a	5.48 a	4.49 a	5.22 a	5.22 a	4.54 a
<i>F-value</i>	0.10 ns		3.59 ns		0.75 ns		

**Notes:** Same letter within the same row indicates no significant difference, for LSD; \*\*Significance at  $p \leq 0.01$ ; ns: not significant ( $p > 0.05$ ).

**Abbreviations:** A, B, C, biodynamic wineries.

C. Indeed, flavanols play an important role: proanthocyanidin polymerization, condensation, and oxidation are responsible for astringency, due to the precipitation of salivary proteins that reduce saliva viscosity.<sup>42</sup>

Essentially, the identity chemical and sensory characteristics were not affected by the growing area and consistently wine experts perceived no significant differences in typicality between the wine samples (Tables 3–5), and so the Sangiovese grape variety expressed its typical aroma profile in all of the different growing areas considered. This finding is in agreement with other authors: the experimental data in Canuti et al<sup>43</sup> demonstrated that Italian and Californian Sangiovese wine samples had some common grape-derived volatile compounds, which could be related to the expression of the variety in both the Californian and Italian growing areas. Moreover, other authors<sup>19</sup> evidenced that Sangiovese sensory peculiarities are recognizable independently from the different Italian growing areas.

Some significant inherent chemical and sensory differences occurred regarding the characteristics of the biodynamic and conventional wine samples. The above differences were statistically consistent, considering both the single Winemaking Protocol factor and the interaction between the Winemaking Protocol factor and the other two operating factors (Vintage and Growing Area). The values of many chemical and sensory characteristics were involved, causing a significant variation in the eligibility, identity, and style wine properties between the biodynamic and conventional winemaking processes. Significant differences occurred in the phenolic and volatile profile (Table 3), intensity of taste, odor, and flavor attributes (Table 4). It was particularly interesting that the intensity of sweetness, cherry, floral, and wood odor, and flavor sensorial attributes was higher in the biodynamic than in the conventional wines.

It is possible to relate some results to the technical peculiarities of the biodynamic winemaking process

(Table 2). The biodynamic and conventional wine samples presented different polyphenol compositions. According to Parpinello et al,<sup>9</sup> the biodynamic wine samples resulted in less color intensity, but a higher content of colored polymeric pigments (Table 3). In the biodynamic wine samples, the phenol components seemed to evolve quickly to more stable molecules. The induction of alcoholic fermentation through the inoculation of selected yeasts could also be considered to explain the above different mouthfeel between the biodynamic and conventional wines. According to Patrignani et al,<sup>15</sup> Benucci et al<sup>44</sup> and Domizio et al,<sup>45</sup> non-*Saccharomyces cerevisiae* strains, which usually persist for more time in spontaneous fermentation, could affect the tactile aspects of wine through the production of mannoproteins, which help to make “soft” wines. Therefore, considering that residual sugar of below 2 g/L was measured for all of the wine samples, the sensation of sweetness could be due to the greater “softness” in addition to a higher alcohol content and a lower titratable acidity content in the biodynamic wine samples<sup>46</sup> (Table 3). Lastly, the difference in the tank material could be related to the greater intensity of wood odor and flavor attributes in the biodynamic wine samples.

However, the above differences in intrinsic quality levels did not lead to a different evaluation of both perceived overall quality and perceived typicality by the wine experts (Table 5). This behavior could confirm the literature data<sup>16,22-24,47</sup> which indicates that the quality perception is a matter of overall balance and complexity of perceptions, not just a matter of perception intensity.

## Conclusion

This study was able to suggest some answers to both the questions about Sangiovese biodynamic wines and the impact of the winemaking operating factors on the intrinsic and perceived quality of wine.

The biodynamic winemaking process affected the intrinsic quality level of the Sangiovese wine samples. The eligibility, identity, and style wine properties were different to the conventional wine samples. The Sangiovese wines obtained using the biodynamic winemaking process showed a different polyphenolic composition, for example, a lower color intensity, due to a lower monomeric anthocyanins content, but at the same time a higher colored polymeric pigments content. This evidence seems to indicate that the wine color stability evolves more quickly. The same wine samples were also perceived as more intense for the sweetness, cherry,

and floral odor, and wood odor and flavor sensory attributes.

Regarding the perceived overall quality and typicality, on average the experts attributed higher scores to the biodynamic Sangiovese wine samples, even though they were not statistically significantly different to the conventional ones.

The above result can be considered important, as the biodynamic wineries that participated in this study were able to produce an appreciated biodynamic Sangiovese wine, as was the conventional one, but with the use of fewer resources in the winemaking process.

Since the vintage factor had a significant effect on both the intrinsic and perceived quality of the biodynamic and conventional wine samples, the quality differences recorded due to the vintage seemed to hide the effect of the biodynamic winemaking on the perceived quality. Therefore, further investigations should be carried out to understand the relative relevance of the intrinsic quality of biodynamic Sangiovese grapes and the effect of biodynamic winemaking. In other words, research needs to be performed to discover if the desired effect on the perceived quality of Sangiovese wine from the biodynamic winemaking process depends more on the biodynamic grapes than the biodynamic operating conditions in the winery.

## Disclosure

There is no conflict of interest in this article.

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