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## Association of suicidal ideation with demographic, lifestyle and health factors in Malaysians (Article)

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### Abstract

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Objective: To determine the association of suicidal ideation with demographic, lifestyle, and health factors, using data from National Health and Morbidity Survey 2011 (NHMS 2011) of Malaysia. Methods: The NHMS 2011 included 10,141 respondents. Independent variables of suicidal ideation were income, age, household size, sex, ethnicity, education, marital status, smoking, physical activity, and self-rated health. The risk factors of suicidal ideation were determined using logistic regression analysis. Results: In the pooled sample, suicidal ideation was associated with age, sex, ethnicity, and self-rated health, but not associated with income, household size, education, physical activity, or smoking. Conclusion: The likelihood of having suicidal ideation is positively associated with young adults, women, Indians, and those with poor self-rated health. © 2018 Hong Kong College of Psychiatrists.

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